Hamburg Central School District

the FOCUS



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Official district newsletter

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Hamburg Connects for joy in summer learning

For nearly 450 PreK-Grade 12 students who participated in the district's Hamburg Connects summer program in July and August, the joy of learning returned through fun, engaging activities and time spent with peers and teachers.

They made slime, raced origami frogs, tried needle felting, launched rockets, built catapults, tested boats to see if they would float and simulated the Olympics. They examined sunblock to see if it works, made salsa, learned tie dyeing techniques, created a robotic hand, constructed kites and wrote a newspaper. Challenged to solve a problem, they figured out as a team how to line up in

Fifth grader Lizzy Luce constructed a Ferris wheel.

birthday order without talking. On another hand, talking was the cornerstone of daily "circles" for all students, where they strengthened relationships by listening to each other and sharing thoughts.

Without the restraints of the usual curriculum, it was "All Paws In" for the 50 staff members who provided authentic learning experiences for PreK-Grade 5 students who attended for four full weeks, as well as Middle School and High School students who attended for a week or

Homecoming 2021: Here comes Hollywood

Theme: Hollywood movies
Friday, Sept. 24: Parade
begins at 6 p.m., from Union
Pleasant Elementary to
Howe Field. Football against
Amherst at 7 p.m. Food
trucks will be on site.



Saturday, Sept. 25: Dance from 6:30-9 p.m. in the High School gym.

Festivities sponsored by Student Government.

more over the same period. The overarching goal of the summer program: Enhance these students' academic, social/emotional and physical well-being. The main assignment for students: Reconnect with school and each other by trying something new and creative.

By all accounts, including feedback on surveys of students, parents and staff, the outcome exceeded expectations, said Rose Kowalski, Hamburg Connects Principal.

"The teachers really took it and ran with it," she said. "It had a (*Please turn to page 11*)



Seventh grader Caleb Hoak concentrated on building a waterslide.



Fifth grader Jason Proudman sharpened his ELA skills.



Sophomore Larrissa Schmitt connected her knowledge of landscapes to needle felting.



Third grader Julie Jump painted a tropical scene.



Superintendent's Column

Discover 2021 project: Historic investment in schools

At this time last year, I had hoped that by the time I was writing my September 2021 *Focus* column, we would not be talking about COVID-related provisions for the reopening of

school. Unfortunately, we will have to make some accommodations for the continued presence of COVID-19. However, please know that we are intensely focused on maintaining fully in-person learning for every child in schools that operate substantially as they did in September 2019.

2021-22 School Year

- All students will be learning in-person every day.
- We will have meals in the cafeteria, physical education classes in the gym, and music classes will function more normally than last year.
- As we always have, we will work with families to accommodate students whose medical condition makes in-person school attendance impossible or dangerous to their personal health.

It is also important for you to know that the Erie County Department of Health and the New York State Department of Health both are very likely to weigh in on guidance for schools. For that reason, details on a couple of topics remain a little less clear than those items I've already addressed.

Most importantly, every member of our team will be 100% focused on the safety, academic, social, emotional, mental health and nutritional needs of your child while s/he is in our care. To that end, we have hired additional reading and math teachers at the elementary level, as well as an additional social worker to ensure that we have the capacity to serve the unique needs of every child.

Discover 2021 Capital Improvement Project

The Discover 2021 Capital Improvement Project recognizes the need to educate the whole child, addressing every aspect of a child's life at school. Discover 2021 will impact programming in academics, social-emotional health, physical education and athletics, music, art, technology and nutrition. We are excited to present Discover 2021 to our community for a referendum on Wednesday, Oct. 13.

Discover 2021 will:

• Renovate the music suite at the high school and expand/ relocate the music suite at the middle school.

- Completely rebuild the high school art wing
- Reconstruct/relocate the technology rooms at the middle school
 - Renovate/relocate elementary music rooms
 - Leverage other state grant funding to build a full-sized greenhouse to grow food to be used in our school-based nutritional programs
 - Completely remodel and redesign our physical education and athletic spaces at the high school/middle school complex to include:
 - o Artificial turf softball field with dugouts and bleachers
 - o Artificial turf baseball field with dugouts and bleachers
 - o Artificial turf multi-purpose field adjacent to Howe Field
 - o New artificial field surface and track for Howe Field o Fill in the high school pool and replace it with a new physical education/team practice space
 - o Fill in the middle school pool and replace it with an entirely new Aquatic Center.

The districtwide improvements included in the proposed Discover 2021 Project have a projected investment of \$68.5 million. The vast majority of the project's cost will be funded by a combination of State Building Aid, the District's Capital Reserve and a generous donation by the Hamburg Alumni Foundation.

The remaining local share of this investment will be financed through the local tax levy. Importantly, taxpayers will experience little, if any, material increase on their tax bill as it relates to the proposed project until 2030-31. This has been achieved through a combination of retiring debt service and the structure of our finance plan.

While we begin another year in the presence of COVID-19, there is a lot to look forward to. We can take comfort in the fact that our students will be learning safely in-person five days a week in schools that operate much more normally than they have for the past 18 months.

This year is also the year that we will embark on a historic capital investment in our schools that will positively impact the school experience for generations of children, the quality of life for generations of residents of Hamburg, and property values for generations of home and business owners.

Thank you again for the opportunity to be your partner in the learning and growth of your children.



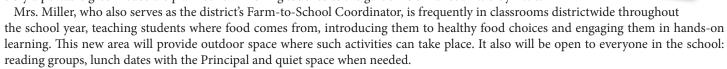
Michael Cornell
Superintendent

Union Pleasant's cleaned up courtyard welcomes "pollinators & people"

Courtyard space at Union Pleasant Elementary that was overgrown with weeds and trees was cleared by teachers and students in July and converted to an outdoor classroom where learning, growing and nature will flourish.

It all started when teacher Joe Chimento, Assistant Principal Sue Wilson and Tricia Miller, Seeds of Living Education (SOLE) garden coordinator, put their heads together to envision how the space could be better utilized. With the support of Principal Molly Dehlinger and Steve Bykowicz (head of Buildings & Grounds), a plan was put into action. Teachers Amanda Destro and Jeffrey Kanner also provided helping hands.

Fourth and fifth graders in the Summer Garden Club (*pictured*) were pulled in to help clear out the brush and to paint a raised garden box on legs/wheels. This raised box will hold an herb garden for the school kitchen. Tables with umbrellas, a ground bed, pollinator plants and possibly a portable greenhouse are planned for finishing touches as the garden is enhanced little-by-little.



"This space will be welcoming to all pollinators and people," Mrs. Miller said.



The Hamburg School Board consists of seven volunteer members who dedicate their time and energy to the best interests of the students of this district. As the community's representatives, they work in partnership with the administration toward a shared vision of education. Who are these individuals and what motivates their public service? Starting in this edition of *the Focus*, individual board member profiles will better acquaint you with these school leaders and how they're engaged in their work.

Meet Laura Heeter



<u>Occupation:</u> Restorative Justice Coordinator at Randolph Academy and Consultant on Restorative Practices

Her family:

Shawn Heeter - Director of Manufacturing at Curbell Medical

Emily and Blaine Noll - U.S. Air Force Samuel Heeter - Math teacher

Caroline Heeter - U. S. Air Force Reservist and finishing social work degree at Buffalo State

Seth Heeter - Full-time student at ECC and modified soccer coach

Lynae Heeter - student; Anna Heeter - student

What initially prompted you to run for the School Board?

I wanted to serve on our board as a way to give back to the district that has served our children so well. My work in the field of education lent itself to being a voice for our schools.

What's your favorite part of being a board member?

My favorite part is the interactions with students, whether it's when they share at School Board meetings or when we're touring buildings. Our students are inquisitive, engaging and very aware of their passions.

What's surprised you the most about serving on the board?

I was most surprised by the capacity in which our hands are tied due to the confines of state mandates.

What's been your proudest moment as a board member?

I'm most proud of being part of a district that created an initiative to provide mental health training to each and every staff member in our schools and on our buses. The potential impact this has on our students is extraordinary. Our district was honored by NYS for this mental health first aid.

How has being a board member helped you grow personally/professionally?

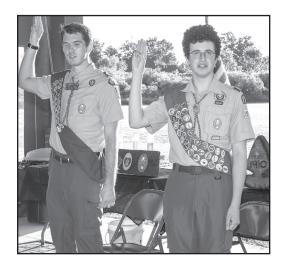
Being a School Board member has inspired me to be the best advocate for kids possible. My work with at-risk youth and in the field of Restorative Practices fuels my drive to give ALL students the very best of opportunities.

What are the biggest challenges facing the district?

Fair and equitable funding is still one of the biggest challenges we face each and every year. Also, given the circumstances of the last year and a half, ensuring the social and emotional needs of our students are being met, is imperative.

What would you like the future to hold for Hamburg Central?

It's my hope that we continue to provide the best learning experiences for each and every one of our students and inspire them to be critical thinkers and follow their interests.



Adam Beiter, *right*, and Adam Kersten at the Eagle Scout recognition in June.

Belated ceremony celebrates achievement of Eagle Scout

Two high school graduates who have been Scouts together since they were six years old were recognized in June for earning the rank of Eagle Scout. Adam Beiter, a 2021 Hamburg High School grad, and his friend Aaron Kersten, both with Scouts BSA Troop #1910, chartered to St. Bernadette RCC, belatedly celebrated their achievement due to the pandemic and COVID-19 restrictions.

Adam's Eagle project was "Bringing Chess to Our Parks," in which he led a team of Scout and adult volunteers in building and assembling a giant chess board for the Village of Hamburg Recreation Department that's installed at the Youth Center on Prospect and Hawkins.

For his Eagle project, Aaron, a 2021 Canisius High School grad, led a team of Scout and adult volunteers in refurbishing the outdoor pavilion at St. Bernadette's.

Both teens made their project plans prior to the pandemic, then had to adapt to the restrictions of 2020-21.

Eagle Scout leads team to revive Boston Valley nature trail

What's old is new again at Boston Valley Elementary, where a Hamburg High School student's Eagle Scout service project has re-established a nature trail. The work coordinated by Zachary Rozler, a junior, over five days in July and August has resulted in a serene, safe 1,200-foot long, six-foot wide path through a wooded setting at the school.

The trail, originally dedicated 27 years ago as a Scout project, had become so overgrown that it was more like carving out a new path than reviving an old one. Zachary, a member of Scout Troop #1910, led a crew of about 20 who cleared thick brush, removed dead trees, installed erosion control retainers and spread a large quantity of wood chips. Materials for the project were donated. A new trail sign will be placed.

The creek area near a wooden bridge is a scenic highlight of the trail and provides enough room to fit classes.

"My thoughts when I first saw the trail was that it will be an amazing space for our learning community," said Principal Nicole Lauer. "As Zack was showing me the trail, we talked about how it naturally lends itself to a



Zachary Rozler



First work day: brush cutting.

science lesson, but would also be a great space to do some creative writing or maybe an art lesson on drawing, or just a space to sit and relax for a bit."

The final point of the project for Zachary is letting the community know that the trail has reopened after many hands joined in to help the effort succeed.

"To have the community use and appreciate all of the effort will be the greatest reward of all," Zachary said in a presentation on the project.



Families break out the books for Union Pleasant's Read Around the Village

Union Pleasant Elementary School stayed connected with kids and families over the summer through good books in its Read Around the Village series. The first get-together, in July at the Village of Hamburg community playground, was a family outing for the Campisi family, from left: Leo, Abigale and Penelope.

Student well-being drives decisions for new Union Pleasant Principal

There's a question that will guide decisions and actions for Union Pleasant Elementary School's new Principal Molly Dehlinger: "Is this the best decision for the students we work for?"

Mrs. Dehlinger, who joined the district in July, said she will work in partnership with staff, parents and students to shape a collaborative and purposeful learning environment dedicated

to children's foundational success and well-being.



M. Dehlinger

"I'm excited to work with and learn from our school community as we examine areas of strength and opportunities for growth," she said. "Together, we'll continue to be innovative and to meet the needs of all of our students as they begin their elementary school journey, grow and develop through elementary school and eventually, prepare to transition into Middle School."

Union Pleasant is the largest of the district's four elementary schools with about 639 students in Grades K-5 and 120 staff members. Mrs. Dehlinger succeeds Jacquelyn Peffer, who retired in June after 24 years with the district. Joining Mrs. Dehlinger in school leadership at Union Pleasant is Assistant Principal Susan Wilson.

Mrs. Dehlinger was a health teacher in the district for 10 $\frac{1}{2}$ years before departing for the East Aurora School District in 2011, then the Orchard Park School District in 2012. She most

recently served as Assistant Principal at Orchard Park Middle School.

She holds a bachelor's degree in community health education from Buffalo State College, master's degree in health education from SUNY Brockport and school building leader certification from St. Bonaventure University.

Bulldogs Booster Club supports school athletics through membership, volunteer commitment

Established in 2012, the Hamburg Bulldogs Booster Club (HBBC) is entering its ninth year supporting Hamburg Athletics.

In that time, HBBC volunteers have been seen running The Doghouse at Howe Field, collecting admission and selling 50/50 tickets at home football games, setting up monthly Bottle



& Can Drives supporting athletic teams, organizing The Bulldog Dash 5k Fun Run/Walk - In Celebration of Conor Long with the Hamburg Health Science Academy, hosting chicken BBQ dinners and sponsoring the Varsity H Most Improved Athlete Award.

Along with a physical presence, HBBC has provided the Hamburg Athletics Program approximately \$98,000 in equipment, programs, updates and support to various teams since the first donation of hydration equipment in 2013.

Entering the 2021-22 school year, Booster Club is looking for people who want to become future active decision-makers committed to supporting athletics . There will be a need for a treasurer starting in 2022-23. Qualifications include accounting and tax

knowledge for nonprofits.

Membership support helps the HBBC but volunteers are needed to work/supervise The Doghouse along with various upcoming events starting in September 2021. Follow Hamburg Bulldogs Booster Club on social media or at www.bulldogsbooster.com for volunteer signups. A membership application is also included in this edition of *the Focus*.

HBBC's first two meetings of 2021-22 are Mondays, Sept.13 and Oct. 18 at 7 p.m. at a location to be determined. All are welcome.

Any questions can be emailed to Amy Kane, HBBC President, at hamburgbulldogsbooster@gmail.com.



Hamburg Alumni Foundation: Building a Better Tomorrow

If you haven't visited the Hamburg Alumni Foundation's website, there's a lot you may not know about everything this organization does to support and enrich the education of students in the Hamburg Central School District. Check it out by visiting hamburgalumnifoundation.org. You can also follow the Foundation on Facebook and Instagram.

Wall of Fame cancelled; Nominations ongoing

After careful consideration, the Hamburg Alumni Foundation has decided that its Wall of Fame event, honoring alumni and educators, will not be held this year.

"In these continued uncertain times, the health and safety of our alumni and their families, the volunteers and all of our sponsors are our top priority," the Foundation stated. "The Hamburg Alumni Foundation and Wall of Fame Committee look forward to celebrating our alumni again next year."

Previous nominations will still be considered and the Foundation encourages continued submission of names of fellow alumni, friends and educators worthy of recognition.

Meal needs extended through summer for district's Food & Nutrition staff

The need to feed didn't just occur during the school year for Hamburg Central's Food & Nutrition Services staff. In July and August, based out of two sites, they provided some 4,800 meals per week to feed children whose families picked up meals curbside, students who attended the district's Hamburg Connects summer learning program and kids participating in two municipal programs.

Eight staff members were on the summer crew under the di-



Service with a smile from Helen Frampton at the curbside pickup.

rection of Anne Rich, Director of Food & Nutrition Services. A five-dayper-week operation took place at Union Pleasant Elementary, overseen by Jessica Knight, cook manager at Boston Valley Elementary. This location served Village of Hamburg Recreation sites, the Summer Primetime mentoring program

at Taylor Road and the district's curbside pickup for families. Meanwhile, breakfasts and lunch were also provided four days per week out of Charlotte Avenue Elementary for students in Hamburg Connects. This half of the operation was under the direction of Carol Mecca, cook manager at the High School.

The scope of the food distribution was bigger than in the past, as this year the district ran its program independently. Last summer, it piggybacked onto Frontier Central School District's program, utilizing Hamburg Central staff and Union Pleasant as the distribution point.

Mrs. Rich said that one of this summer's challenges was the ongoing supply chain issue, making it difficult to obtain certain food products and forcing substitutions. Staffing was another challenge but other district employees and a couple high school

students stepped in to help get through the 7-week summer program.

"It's certainly still a challenging time we're living in," Mrs. Rich said. "We're just doing our best to make sure that the nutritional needs of our children are being met. My thanks go out to everyone who helped make our summer program successful."



Jessica Knight, *left*, and Kristina Grazier put together meal bags at Union Pleasant Elementary.

Parents: Here's how to opt-in for school text messages

Parents: Wondering how to receive school notifications via text message?

The district must first have your correct cell phone number on file. Please check the Parent Portal to ensure that your cell phone number is the primary contact number and change it, if needed. For assistance, contact the school district's Central Registration at (716) 646-3200, ext. 7217 or centralreg@hcsdk12.org.

Additionally, to receive texts, you must

take the extra step of opting-in.

- If you have already opted in, there is no need to do so again.
- To opt in, you can text the word "yes" to 68453 or scan the QR code at right.
- Please be aware that your cell phone provider's standard message and data rates may apply.



The district uses School Messenger as its service provider for automated notifications.





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Impact of COVID health guidance on fall Continuing Ed. program

At the time of the printing of this edition of *the Focus*, the impact of Erie County Department of Health COVID-related guidance on Hamburg Central's fall Continuing Education program was being reviewed. Although the fall Continuing Education brochure is included in this newsletter, there may be modifications to classes/procedures in order to comply with the county health guidance. Updated information will be posted in the Continuing Education section on the district website (hamburgschools.org) once it becomes available. We encourage those who wish to register for a Continuing Education class to first check the website for the most current information.

Free & reduced price school meals

Dear Parent/Guardian:

Welcome back! We look forward to a great school year! Children need healthy meals to learn and Hamburg Central Schools offer healthy meals every school day.

The USDA has extended FREE Breakfast and Lunch for every student thru June 30, 2022. However, you may need qualifying documentation for other programs such as, P-EBT, Children's Health Insurance Program, Medicaid or other discount programs. Grants and other District funding may also require this information. Please apply if you think you may qualify for free or reduced price meals. Applications are confidential; personal information will never be given out without your consent.

Students will still need to pay for snacks, extra entrees or second meals – anything above and beyond the daily meal offering. Please refer to the My School Bucks letter for information making online deposits into your child's account.

- DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No. Complete the application to apply for free or reduced price
 meals. Use one Free and Reduced Price School Meals Application for all students in your household. We cannot approve an application that is not
 complete, so be sure to fill out all required information Return the completed application to: to Hamburg Food and Nutrition Services, 360 Division
 St., Hamburg 14075 or file electronically at MySchoolApps.com
- 2. WHO CAN GET FREE MEALS? All children in households receiving benefits from SNAP, the Food Distribution Program on Indian Reservations or TANF, can get free meals regardless of your income. Categorical eligibility for free meal benefits is extended to all children in a household when the application lists an Assistance Program's case number for any household member. Also, your children can get free meals if your household's gross income is within the free limits on the Federal Income Eligibility Guidelines. Households with children who are categorically eligible through an Other Source Categorically Eligible designation, as defined by law, may be eligible for free benefits and should contact the SFA for assistance in receiving benefits.
- 3. CAN FOSTER CHILDREN GET FREE MEALS? Yes, foster children that are under the legal responsibility of a foster care agency or court, are eligible for free meals. Any foster child in the household is eligible for free meals regardless of income. Foster children may also be included as a member of the foster family if the foster family chooses to also apply for benefits for other children. Including children in foster care as household members may help other children in the household qualify for benefits. If non-foster children in a foster family are not eligible for free or reduced price meal benefits, an eligible foster child will still receive free benefits.
- 4. CAN HOMELESS, RUNAWAY, AND MIGRANT CHILDREN GET FREE MEALS? Yes, children who meet the definition of homeless, runaway, or migrant qualify for free meals. If you haven't been told your children will get free meals, please call or e-mail Colleen Kaney, Asst. Supt. of Student Services, at 646-3200 ext. 7210; ckaney@hamburgschools.org to see if they qualify.
- 5. WHO CAN GET REDUCED PRICE MEALS? Your children may be approved as reduced price eligible if your household income is within the reduced-price limits on the Federal Eligibility Income Chart, shown on this letter. Beginning July 1, 2019, students in New York State that are approved for reduced price meals will receive breakfast and lunch meals and snacks served through the Afterschool Snack Program at no charge.
- 6. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE APPROVED FOR FREE MEALS? Please read the letter you got carefully and follow the instructions. Call the Food Service Office at 646-3250 x 5005 if you have questions.
- 7. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT ANOTHER ONE? Yes. Your child's application is only good for that school year and for up to the first 30 operating days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year.
- 8. I GET WIC. CAN MY CHILD(REN) GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced price meals. Please fill out a FREE/REDUCED PRICE MEAL application.
- WILL THE INFORMATION I GIVE BE CHECKED? Yes and we may also ask you to send written proof.
- 10. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.
- 11. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should call the Food Service Director first. If needed, you also may ask for a hearing by calling or writing to: Barbara Sporyz, Asst. Supt. of Admin Services & Finances, 5305 Abbott Rd, Hamburg, NY 14075; 716-646 3200 ext. 7214.
- 12. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes. You or your child(ren) do not have to be U.S. citizens to qualify for free or reduced price meals.
- 13. WHO SHOULD I INCLUDE AS MEMBERS OF MY HOUSEHOLD? You must include all people living in your household, related or not (such as grandparents, other relatives, or friends) who share income and expenses. You must include yourself and all children living with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children, and who pay a pro-rated share of expenses), do not include them.
- 14. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income. You can also use your annual income, just indicate the amount as yearly income.
- 15. WE ARE IN THE MILITARY. DO WE INCLUDE OUR HOUSING ALLOWANCE AS INCOME? If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.
- 16. MY SPOUSE IS DEPLOYED TO A COMBAT ZONE. IS HER COMBAT PAY COUNTED AS INCOME? No, if the combat pay is received in addition to her basic pay because of her deployment and it wasn't received before she was deployed, combat pay is not counted as income. Contact your school for more information.
- MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find out how to apply for SNAP
 or other assistance benefits, contact your local assistance office or call 1-800-342-3009.

2021-2022 INCOME ELIGIBILITY GUIDELINES FOR FREE AND REDUCED PRICE MEALS

Total Family Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	\$ 23,828	\$ 1,986	\$ 993	\$ 917	\$ 459
2	\$ 32,227	\$ 2,686	\$ 1,343	\$ 1,240	\$ 620
3	\$ 40,626	\$ 3,386	\$ 1,693	\$ 1,563	\$ 782
4	\$ 49,025	\$ 4,086	\$ 2,043	\$ 1,886	\$ 943
5	\$ 57,424	\$ 4,786	\$ 2,393	\$ 2,209	\$ 1,105
6	\$ 65,823	\$ 5,486	\$ 2,743	\$ 2,532	\$ 1,266
7	\$ 74,222	\$ 6,186	\$ 3,093	\$ 2,855	\$ 1,428
8	\$ 82,621	\$ 6,886	\$ 3,443	\$ 3,178	\$ 1,589
*Each Add'l person add	\$ 8,399	\$ 700	\$ 350	\$ 324	\$ 162

How to Apply: To get free or reduced price meals for your children carefully complete one application following the instructions for your household and return it to the designated office listed on the application. If you now receive SNAP, Temporary Assistance to Needy Families (TANF) for any children or participate in the Food Distribution Program on Indian Reservations (FDPIR), the application must include the children's names, the household SNAP, TANF or FDPIR case number and the signature of an adult household member. All children should be listed on the same application. If you do not list a SNAP, TANF or FDPIR case number for any household member, the application must include the names of everyone in the household, the amount of income each household member, and how often it is received and where it comes from. It must include the signature of an adult household member and the last four digits of that adult's social security number or check the box if the adult does not have a social security number. An application for free and reduced price benefits cannot be approved unless complete eligibility information is submitted, as indicated on the application and in the instructions. Contact your local Department of Social Services for your SNAP or TANF case number or complete the income portion of the application. No application is necessary if the household was notified by the SFA their children have been directly certified. If the household is not sure if their children have been directly certified, the household should contact the school.

Reporting Changes: The benefits that you are approved for at the time of application are effective for the entire school year and up to 30 operating days into the new school year (or until a new eligibility determination is made, whichever comes first). You no longer need to report changes for an increase in income or decrease in household size, or if you no longer receive SNAP.

Income Exclusions: The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care Development (Block Grant) Fund should not be considered as income for this program.

Reduced Price Eligible Students: Beginning July 1, 2019, students in New York State that are approved for reduced price meals will receive breakfast and lunch meals and snacks served through the Afterschool Snack Program at no charge.

In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age or disability

Meal Service to Children With Disabilities: Federal regulations require schools and institutions to serve meals at no extra charge to children with a disability which may restrict their diet. A student with a disability is defined in 7CFR Part 15b.3 of Federal regulations, as one who has a physical or mental impairment which substantially limits one or more major life activities of such individual, a record of such an impairment or being regarded as having such an impairment. Major life activities include but are not limited to: functions such as caring for one's self, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating, and working. You must request meal modifications from the school and provide the school with medical statement from a State licensed healthcare professional. If you believe your child needs substitutions because of a disability, please get in touch with us for further information, as there is specific information that the medical statement must contain.

Confidentiality: The United States Department of Agriculture has approved the release of students names and eligibility status, without parent/guardian consent, to persons directly connected with the administration or enforcement of federal education programs such as Title I and the National Assessment of Educational Progress (NAEP), which are United States Department of Education programs used to determine areas such as the allocation of funds to schools, to evaluate socioeconomic status of the school's attendance area, and to assess educational progress. Information may also be released to State health or State education programs administered by the State agency or local education agency, provided the State or local neutrition programs similar to the National School Lunch Program. Additionally, all information contained in the free and reduced price application may be released to persons directly connected with the administration or enforcement of programs authorized under the National School Lunch and School Breakfast Programs, the Special Milk Program, the Child and Adult Care Food Program, Summer Food Service Program and the Special Supplemental Nutrition Program for Women Infants and Children (WIC); the Comptroller General of the United States for audit purposes, and federal, State or local law enforcement officials investigating alleged violation of the programs under the NSLA or CNA.

Reapplication: You may apply for benefits any time during the school year. Also, if you are not eligible now, but during the school year become unemployed, have a decrease in household income, or an increase in family size you may request and complete an application at that time.

The disclosure of eligibility information not specifically authorized by the NSLA requires a written consent statement from the parent/guardian. We will let you know when your application is approved or denied.

Sincerely, Anne Rich, Food Service Director, Hamburg Central Schools, 716-646-3250 ext 5005

Nondiscrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the <u>USDA Program Discrimination Complaint Form</u>, (AD-3027) found online at: https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Ave. SW, Washington, D.C. 20250-9410
- (2) fax: (202) 690-7442 or
- (3) email: program.intake@usda.gov

This institution is an equal opportunity provider.

Date Withdrew_							<u>: Va</u> F	_R	_D
	<u>202</u> ′	1-2022 Appl	lication for Fre	e and R	educed Price	School	<u>Meals</u>		
The USDA did extend free brea Medicaid, Children's Health Insi f you think you will need this do ill out electronically by visiting !! Please call 646-3250 x 5005 if y	surance Program (CHII ocumentation anytime MySchoolApps.com fro	P), internet discour during the school y om any internet rea	nts or P-EBT. Eligil year, please fill out	bility is ofte and return	en determined by the this application, o	the informat one per fam	tion from this and ily. Or if you p	pplication prefer, yo	n. ou can
<u>Return C</u>	Completed Appli	cations to:	360 Divisio	on St	Nutrition Servi	ices			
I. List all children in your house	ehold who attend scho	ol:	Hamburg,	NT 140	/5 				
Student Name		School		Gr	Grade/Teacher		ester Child	Mig Runa	neless grant, naway
						\Box			
						$-\!\!\!\!\!+\!\!\!\!\!\!-$			
						-+			
									
2. SNAP/TANF/FDPIR Benefits									
f anyone in your household rec		ANF or FDPIR ben	efits, list their name	e and CASI	E#here. Skip to	Part 4, and	d sign the app	lication.	
Name:		CASE #:				_	_	_	_
B. Report all income for ALL Ho	ousehold Members (SI	kip this step if you a	answered 'yes' to s	tep 2)		· _			
List all Household members not noome, report total income for olank, you are certifying (promis Name of household member	each source in whole sing) that there is no ir	dollars only. If they ncome to report. ork Child S		Pension Paymen	any other source, as, Retirement	Other Inc. Security	f you enter '0' c	or leave a	
	\$/_		/		1		/	+-	
	\$/_ \$/_		/		/		/		
	\$/_		/		/		/		
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	\$/_	\$	/	\$	/	\$	/	'	
Total Household Members (Chi	Idren and Adults)	*Last	t Four Digits of So	cial Secur	ity Number: XX	x-xx		I do not have a	
When completing section 3, and soox" before the application can		nber must provide	the last four digits o	of their Soc	ial Security Numb	er (SS#), o	r mark the "I do	o not hav	√e a SS#
Signature: An adult househ certify (promise) that all the infwill get federal funds; the schoofederal laws, and my children magnature:	formation on this appli ol officials may verify the nay lose meal benefits	ication is true and the information and	that all income is re I if I purposely give	ported. I u false inform	nation, I may be pr				
Signature: Email Address: Home Phone:	Work Phon	ь.	—— Но	me Addres	kg.				
						·			
5. Ethnicity and Race are optior Ethnicity: □Hispanic or Latino	, _' ·		affect your crinurent	s eligibility	for free or reduces	d price mea	als.		
Ethnicity: Hispanic or Latino Race (Check one or more) : \Box	•		ian □Black or Afri	can Americ	an Native Hawa	aiian or Oth	ner Pacific Islar	nd 🗆W	hite
	DO NOT WRI	TE BELOW	THIS LINE –	FOR SO	CHOOL USE	ONLY			
A	Annual Income Conver- Weekly X 52; F		when multiple incor bi-weekly) X 26; Tw				n)		
☐ SNAP/TANF/Foster ☐ Income Household:	T (III	// OB-m	1		II-usahald	g:			
Free Meals Signature of Reviewing	Total Household Incom Reduced Price Me Official		☐ Denied/Paid		Household	Size:			

APPLICATION INSTRUCTIONS

To apply for free and reduced price meals, complete only one application for your household using the instructions below. Sign the application and return the application to: **Hamburg Food & Nutrition Services**, **360 Division St, Hamburg**, **NY 14075**

If you have a foster child in your household, you may include them on your application. A separate application is not needed. Call the school if you need help: 646-3250 x 5005 Ensure that all information is provided. Failure to do so may result in denial of benefits for your child or unnecessary delay in approving your application.

PART 1 ALL HOUSEHOLDS MUST COMPLETE STUDENT INFORMATION. DO NOT FILL OUT MORE THAN ONE APPLICATION FOR YOUR HOUSEHOLD.

- (1) Print the names of the children, including foster children, for whom you are applying on one application.
- (2) List their grade and school.
- (3) Check the box to indicate a foster child living in your household, or if you believe any child meets the description for homeless, migrant, runaway (a school staff will confirm this eligibility).

PART 2 HOUSEHOLDS GETTING SNAP, TANF OR FDPIR SHOULD COMPLETE PART 2 AND SIGN PART 4.

- (1) List a current SNAP, TANF or FDPIR (Food Distribution Program on Indian Reservations) case number of anyone living in your household. The case number is provided on your benefit letter. It is not the number on your benefit card.
- (2) An adult household member must sign the application in PART 4. SKIP PART 3. Do not list names of household members or income if you list a SNAP case number, TANF or FDPIR number.

PART 3 ALL OTHER HOUSEHOLDS MUST COMPLETE THESE PARTS AND ALL OF PART 4.

- (1) Write the names of everyone in your household, whether or not they get income. Include yourself, the children you are applying for, all other children, your spouse, grandparents, and other related and unrelated people in your household. Use another piece of paper if you need more space.
- (2) Write the amount of current income each household member receives, before taxes or anything else is taken out, and indicate where it came from, such as earnings, welfare, pensions and other income. If the current income was more or less than usual, write that person's usual income. Specify how often this income amount is received: weekly, every other week (bi-weekly), 2 x per month, monthly. If no income, check the box. The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care and Development Block Grant, TANF and At Risk Child Care Programs should not be considered as income for this program.
- (3) Enter the total number of household members in the box provided. This number should include all adults and children in the household and should reflect the members listed in PART 1 and PART 3.
- (4) The application must include the last four digits only of the social security number of the adult who signs PART 4 if Part 3 is completed. If the adult does not have a social security number, check the box. If you listed a SNAP, TANF or FDPIR number, a social security number is not needed.
- (5) An adult household member must sign the application in PART 4.

OTHER BENEFITS: Your child may be eligible for benefits such as Medicaid or Children's Health Insurance Program (CHIP). To determine if your child is eligible, program officials need information from your free and reduced price meal application. Your written consent is required before any information may be released. Please refer to the attached parent Disclosure Letter and Consent Statement for information about other benefits.

USE OF INFORMATION STATEMENT

Use of Information Statement: The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not submit all needed information, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the primary wage earner or other adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs.

We may share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

DISCRIMINATION COMPLAINTS

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the <u>USDA Program Discrimination Complaint Form</u>, (AD-3027) found online at: https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov. This institution is an equal opportunity provider

positive impact on students. They were excited to be here and had a great time learning with us. They needed this and it showed."

While engaging learning experiences are offered during the regular school year, this summer was a time to offer more of it in a relaxed setting, Mrs. Kowalski said. It's believed the positive experience will set the tone for students' return in September, regardless of their grade level, and reinforce that school is a great place to be.

The district's vision of educating modern thinkers who create, care, solve and discover was on full display throughout the summer experience, both inside the schools and outdoors.

For example, in Julie Scranton's classroom at Charlotte Avenue, where the elementary program was based, many days focused on STEM (science, technology, engineering, math) activities. On one particular day, small groups of students rotated between "centers." At one center, they used craft sticks, bottle tops and glue to construct small Ferris wheels. This was a lead-in activity to fifth grade, where one of the things they'll study is simple machines and how things work. The activity involved a bit of problem-solving as they had to figure out such issues as what to do when the axle was too tight for the wheels.

Elsewhere in the room, students worked independently on an ELA activity where they examined photos of past Olympics, then deduced and wrote answers to questions. Others concentrated on their math subtraction skills.

Seventh graders Paiton Ortiz, left, and Tessa Story put their heads together to build a waterslide out of everyday items.

Across the hall, third graders engaged in directed drawing. As teacher Jeneane Brown noted, all received the same directions for their drawings but each artpiece took on a unique look based on the student's interpretation. Student Julie Jump was proud to show how she

> smiling crab she added. One of the things Mrs. Brown emphasized during summer learning was that it's OK to experiment and explore. She wanted students to come away with a sense of positivity.

> painted the brown sand in the tropical island scene just right, as well as the

"I want them to come out of their shell and try things they're not used to," she said.

Elsewhere, at Hamburg Middle School, seventh graders were wrapping up four days in a STEM classroom with teachers Sandra Wittmeyer and Emily Izydorczak. Their task was to plan, build and test a waterslide that would safely carry marbles from start to finish. As Mrs. Wittmeyer explained, the students were given free rein to "make it what you want it to be."

"We didn't give them a ton of guidance," she said. "They have the ability to create and use their imagination."

On this day, the timer was running as the students pieced together everyday materials, getting ready to give their waterslides a test run. They were invited to challenge the record of 18 marbles successfully making it from top to bottom.

Partners Paiton Ortiz and Tessa Story worked on constructing their "avocado

coconut splasher" waterslide using Legos, a yogurt cup, straws and paper cups, along with

a plastic blueberry container that would become a splash pool at the bottom of the slide. The best part of the project?

Fifth graders Elizabeth Griffin, left, and

Francesca Persico focused on math.

"Everything," replied Paiton, who was confident she and her partner would soon have their waterslide up and running.

As she concluded a week with these students, Mrs. Wittmeyer encouraged them to flex their math brain for the rest of the summer.

"After you're done with this week, it's OK to do math at home," she cajoled.

This was the first time in about 10 years that the district was able to offer this type of summer programming, thanks to an influx of federal COVID relief funds. Busing and meals were included.



Expressing their creativity through directed drawing, from left, were third graders Lia Logan, Jaiden Martin, Marina Griffin and Joey Shear.



Administration Building 5305 Abbott Rd. Hamburg, N.Y. 14075

Published by the Board of Education Thomas F. Flynn III, Board President Michael Cornell, Superintendent Michele Darstein, Editor

 Armor Elementary
 646-3350

 Boston Valley Elementary
 646-3240

 Charlotte Avenue Elementary
 646-3370

 Union Pleasant Elementary
 646-3280

 Hamburg Middle School
 646-3250

 Hamburg High School
 646-3300

 General Information
 646-3200

hamburgschools.org

Nonprofit Organization U.S. Postage Paid Buffalo, NY Permit No. 1002

Hamburg Central School District Initial Notification Pursuant to Section 409-H of State Education Law

New York State Education Law Section 409-H, effective July 1, 2001, requires all public and nonpublic schools to provide written notification to all persons in parental relation to a student, and all faculty and staff regarding the potential use of pesticides periodically throughout the school year.

If you desire, we will place your name on a list of individuals who will receive 48-hour prior notification of a pesticide application. Any person in parental relation to a student or any staff member who wishes to be added to the list of persons who want to receive 48-hour written notification should contact the Buildings and Grounds Office at 5305 Abbott Rd., Hamburg, NY, 14075, c/o Neighbor Notification Law. If you would like to receive 48-hour prior notification of pesticide applications scheduled to occur in your school, please complete the form below and return it to the above address.

If you have any questions regarding this matter, please contact Buildings and Grounds Supervisor Stephen Bykowicz at 646-3200, ext. 7230.

Additional information may be obtained on pesticide products by calling the National Pesticide Telecommunications Network information phone number, 1-800-858-7378, or the New York State Department of Health Center for Environmental Health information line at 1-800-458-1158.

Hamburg Central School District Request for Pesticide Application Notification (Please print)			
School Building (Fill in appropriate school)			
Name:		Address:	
Day Phone:	Evening Phone:	E-Mail Address:	

School retiree group invites participation

The Hamburg Central Retiree Group is inviting retired employees of the school district to participate in its social events. Although the group was unable to meet last year due to COVID, it's gearing up for this year's get-togethers.

In addition to enjoying the camaraderie of colleagues, the group gives back to the Hamburg community in a variety of ways. This has included Warm the Children, Hamburg Alumni Foundation, Kathleen Mary House, purchasing pavers for the Hamburg Community Playground and Howe Field, donating to help students in need at each of the schools and contributing to a school music fund.

Retirees who wish to be added to the mailing list for events should contact retired Hamburg teacher Diane Skovenski at 649-5718.

Bottle/can drives benefit athletics

Bottle/can drives to benefit Hamburg Cen-



tral athletics will continue throughout the 2021-22 school year. The collections will take place from 8:30-10:30 a.m. at Hamburg High School, 4111 Legion Dr., on the following Saturdays: Sept. 11, Oct. 9,

Nov. 6, Dec. 4, Jan. 8, Feb. 5, March 5, April 2, May 7, June 11.



2021-22

Join the Hamburg Bulldogs Booster Club

Mission: To support, encourage, and enhance all Hamburg Central School District athletic teams through membership, volunteering, and fundraising.

2021-2022 Annual Membership Application

Name:	
E-mail:	
Address:	
Town:	
Zip code:	

Choose a Member Support Level and receive a Hamburg Bulldog Booster Club Car Magnet:

"Modified": \$10.00
 "J.V.": \$25.00
 "Varsity": \$50.00
 Check if interested in volunteer

opportunities

You can also join/renew membership
online at
www.bulldogsbooster.com

- Visit www.bulldogsbooster.com to see accomplishments, what is next and how you can help!
- Follow us on Twitter & Instagram.
 Like us on Facebook!
- Volunteer opportunities include varsity football games, various events where Booster Club can be promoted & The Dog House concessions at Howe Field
- Mail memberships to:
 Hamburg Bulldogs Booster Club, Inc.

 PO Box 87
 Hamburg, NY 14075

www.bulldogsbooster.com

Thank You for Supporting Athletics at Hamburg Central Schools!

The Hamburg Bulldogs Booster Club, Inc. is a designated United Way charity. Remember us when you pledge. Our United Way # is 5787





In Celebration of Conor Long

5k Fun Run/Walk

Sunday October 17, 2021 • 9:30am

Hamburg High School 4111 Legion Drive • Hamburg, NY

ENTRY FEE: Pre-registered by 9.30.21 online only

Age 10 & under: \$10 • Student: \$20.00 • Non-Student: \$25

DAY OF RACE (CASH ONLY): \$15 AGE 10 & UNDER • \$25 Student • \$30 Non-Student

AWARDS

The top male and female finishers as well as the top three male and female finishers in each of the following age groups will receive awards.

11-14 30-39 40-49

15-19 20-29

50-59

60 & Over

Registered by 9.30.21 for a **RACE** T-SHIRT

Credit card entry ONLY available online: www.score-this.com

Timing by WNY Finish Line

Proceeds Benefit:







RACE DAY REGISTRATION (CASH ONLY) RACE PACKET PICK UP at Howe Field Concession Stand

- Saturday, October 16th 10am-2 pm
- Sunday, October 17th 8am-9am

Bring your Bulldog attitude, however NO PETS, please!

Links to registration: www.score-this.com



Follow

Hamburg Bulldogs Booster Club and Hamburg Health Science Academy on Facebook, Instagram, & Twitter for race updates.



Sponsorship Opportunities can be found at www.bulldogsbooster.com

HAMBURG CENTRAL SCHOOL DISTRICT



CONTINUING EDUCATION FALL 2021

IMPORTANT NOTES:

- Registration and payment with the Continuing Education Office are required BEFORE you will be permitted in class. Instructors will not accept course payment or registrations. They will accept lab fees ONLY, where noted. Please adhere to registration deadlines.
- You will NOT be notified if you have successfully registered.
- You <u>will be notified</u> if you have been closed out or if a course is cancelled. In these instances, you will receive a refund.
- We accept mail-in and drop-off payment by check or cash. A credit card can be used with online registration ONLY. No phone registrations will be accepted.
- Students of Continuing Education <u>must be at least 21</u> years old.
- Registration is required for all classses, *even those that* are free.
- If you are **60 years of age or older**, you are entitled to a senior discount, where noted.
- Classes will not run if Hamburg Central School District's day or evening activities are cancelled due to inclement weather. In the event of such closing, you should attend the next scheduled class. In the case of single classes, you will be notified of a rescheduled date.
- Once class begins, there are no refunds except for verified medical conditions.

ENTERING OUR SCHOOLS

As part of the district's security protocol, only certain exterior school doors will be unlocked for Continuing Ed. participants to gain entry to evening/weekend classes. At the four elementary schools, entry is through the main doors. At the Middle School, entry is on the parking lot side of the building, through door #14 near the cafeteria. At the High School, entry is through door #30 (gym door) off the Legion Drive parking lot. Thank you for your cooperation.

REGISTRATION

We encourage you to register by mail or online for our classes. There are also 24-hour secure drop slots in the front doors of the Administration Building in which registrations can be placed at any time. If you wish to enter the Administration Building to register in-person, please be aware that all visitors are required to show government-issued photo ID before being permitted inside.

MAIL REGISTRATION FORMS & CHECKS TO:

Hamburg Central Schools Administration Bldg.
Continuing Ed. Office
5305 Abbott Rd. Hamburg, NY 14075
Please make checks payable to: Hamburg Continuing Ed.

REGISTER ONLINE:

Go to hamburgschools.org -> Community -> Continuing Education and follow the instructions. You can use your credit card with online registration. Please note: If you register online, there is a processing fee. This fee is non-refundable, even if the class is cancelled or you withdraw.

Please register early, as some classes fill quickly or may be cancelled if there is insufficient registration.

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Wellness/Fitness5	
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Swimming6-7	

ONLINE REGISTRATION IS NOW OPEN!

To register online, please go to

hamburgschools.org

Community tab -> Continuing Education

There you will be able to click on the registration link and create an account in Operoo.

You can pay with a credit card through online registration. Please note: If you register online there is a non-refundable processing fee.

ARTS & CRAFTS



PAINTING & DRAWING WORKSHOP (A1)

Vicki Warhol

Unleash your artistic potential! This workshop is for artists with basic understanding of watercolor, acrylics, oils, colored pencil or sketching. Enjoy painting subjects of your choice in the company of other painters. Learn new techniques and ideas. Please bring the supplies you want to work with in class: paintbrushes, pencils, pens, paints, sketchbook, etc.

Hamburg High School, Room 132 Dates: Wednesdays, Oct. 13 - Dec. 8

Time: 6:30 - 9 pm

Cost: \$55 Seniors: \$35 **Registration deadline: Oct. 6**

BUSINESS, FINANCE & LAW

SOCIAL SECURITY PLANNING FOR WOMEN (B1)

Elizabeth Evanisko

Social Security for many is a key part of a retirement income plan and it's important to know the facts to make the right decision. We will be exploring the basics of Social Security so you can understand how much you will receive and how taking it early or delayed will affect the amount you receive throught your lifetime. We will be doing a deep dive into the factors you should consider if you are single, married, divorced or widowed and how to coordinate your own benefit with a spouse or widow benefit if applicable.

Hamburg High School, Room 123

Date: Tuesday, Oct. 12 Time: 6 - 7:30 pm

Cost: Free

Registration deadline: Oct. 5

BUSINESS, FINANCE & LAW (CONT.)

SAVVY TAX PLANNING (B2)

Elizabeth Evanisko

During this workshop, you will learn the critical tax planning tips and tricks when it comes to your retirement income. We will be exploring the surprises that make retirement more expensive, what the Social Security "tax trap" is and how you can avoid it, how tapping assets in the wrong order can trigger higher Medicare premiums, why you need to manage taxes even before you retire and costly mistakes to avoid when it comes to your investment portfolio, health care and estate.

Hamburg High School, Room 123

Date: Tuesday, Nov. 30 Time: 6 - 7:30 pm Cost: Free

Registration deadline: Nov. 23



SAVVY IRA PLANNING (B3)

Elizabeth Evanisko

In this workshop, you will learn strategies for savvy IRA planning. These include reviewing the six rollover options for your retirement plan funds, how the SECURE Act changed IRA planning, three common required minimum distribution mistakes, the difference between indirect and direct rollovers, and how to coordinate your IRA planning with your overall retirement, estate, tax, education, Social Security and financial plans.

Hamburg High School, Room 123

Date: Tuesday, Nov. 9 Time: 6 - 7:30 pm

Cost: Free

Registration deadline: Nov. 2



BUYING A HOME IN TODAY'S MARKET (B4)

Christopher Ricci

Perfect class for the first-time home buyer or for someone who wants a refresher on how the process looks today as opposed to even just a few years ago. We will examine the entire purchasing process starting with how to obtain your mortgage pre-approval, estimating your monthly payment, how to house hunt, the contract process, how inspections work and how the closing process works. The better prepared you are, the more successful you will be in finding the right home. Other highlighted topics during the presentation: common mistakes buyers make, how to overcome financial obstacles, strategies to make a more competitive offer and the best time to buy.

Hamburg Middle School, Room 123

Date: Thursday, Oct. 21

Time: 7 - 9 pm Cost: Free

Registration deadline: Oct. 14

SOCIAL SECURITY PLANNING 101 (B5)

Paul Hutchings

This class will cover what everyone needs to know about Social Security. Often, when one is planning to retire, he/she ponders: Will my Social Security be taxed? When should I take Social Security? Will my spouse receive benefits? Can I receive benefits from an ex-spouse? Will working affect my Social Security benefits? Get answers to these questions and more, to help make the best Social Security decision.

Hamburg Middle School, Room 125

Date: Wednesday, Oct. 6

Time: 6-7:30 pm

Cost: Free

Registration deadline: Sept. 29

MUSIC

INTRODUCTION TO ACOUSTIC GUITAR, BANJO, MANDOLIN OR UKULELE (M1)

Peter Mirando

Have you always wanted to play the guitar or other stringed instruments? These classes are intended to provide individuals the opportunity to learn to play guitar, banjo, mandolin or ukulele. With regular attendance and practice, you should soon be able to play many of the folk songs that are part of our musical heritage. Completing the course prepares you to participate in <u>Acoustic Music Jam</u>. If you wish, you may enroll in either or both music classes to either sing along or try your newly-learned skills. Students are expected to provide their own instruments. If you do not have an instrument, contact the instructor (549-0864) for assistance.

Hamburg Middle School, Room 134 Dates: Wednesdays, Oct. 6 - Dec. 15

NO CLASS NOV. 17 & 24 Time: 6:30 - 7:30 pm

Cost: \$55 Seniors: \$40 **Registration deadline: Sept. 29**

ACOUSTIC MUSIC JAM (M2)

Peter Mirando

Do you play acoustic guitar, banjo, mandolin or any other acoustic folk instrument? If you enjoy playing or singing folk music, you are invited to join us for an acoustic music jam. Music choices include traditional and modern folk, old-time country and bluegrass music. The music is paced so that beginners, as well as more experienced musicians, can participate. The atmosphere is informal, relaxed and great fun! If you can't play an instrument, come and sing. Students are expected to provide their own instruments. If you do not have your own instrument, contact the instructor (549-0864) for assistance. Play lists and music sheets will be provided via email, so please be clear when writing your email on your registration form.

A limited number of song sheets will be available for those who do not have internet access.

Hamburg Middle School, Room 134 Dates: Wednesdays, Oct. 6 - Dec. 15

NO CLASS NOV. 17 & 24

Time: 7:30 - 9 pm

Cost: \$55 Seniors: \$40 Registration deadline: Sept. 29



SPECIAL INTEREST

SCUBA DIVING (SI1)

Professional Scuba Inc. of Hamburg
Classes are taught by the staff of Professional Scuba of Hamburg. Professional Scuba is a PADI
5 Star dive center and all of its instructors and assistant instructors are PADI certified. Students need to supply mask, snorkel, fins and boots by the third class. The rest of the required equipment is provided for student use through the class along with all the student materials. Students can stop in the shop to register and complete the initial paperwork. Start your adventure now. Professional Scuba, 5777 Camp Rd., Hamburg/716-648-3483/proscuba@verizon.net



Hamburg High School, pool Dates: Mondays, Oct. 4 - Dec. 13

NO CLASS OCT. 11 Time: 6 - 9 pm

Cost: \$50

Lab fee: \$375 payable to Professional Scuba

Registration deadline: Sept. 27

WELLNESS & FITNESS

SPORTS

ZUMBA® (FN1)

Carol Clark-Osuch

Looking for a fun workout class? Dance your way into fitness with Zumba®, a Latin inspired fitness class that combines high energy moves and easy to follow dance combinations. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone the body and maximize fat burning. You don't have to know how to dance to do Zumba®. Zumba® creates a party-like atmosphere. It's a one-of-a-kind combination of dance and exercise designed to put the fun back into fitness. All fitness levels are welcome. Come join the party!



Tom Ryan

Basketball for exercise and recreation.

Hamburg Middle School, gym
Dates: Saturdays, Nov. 6 - May 14
* Please note: This is a full year class

NO CLASS NOV. 27; DEC. 25; JAN. 1 & 29; FEB. 19 & 26; APRIL 9 & 16

Time: 1 - 3 pm

Cost: \$65 Seniors: \$55 **Registration deadline: Oct. 30**



MEN'S BASKETBALL THURSDAYS (SP2)

Tom Ryan

Basketball for exercise and recreation.

Union Pleasant School, Pleasant Ave. gym

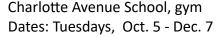
Dates: Thursdays, Oct. 7 - May 12
* Please note: This is a full year class

NO CLASS NOV. 11 & 25; DEC. 9 & 30; FEB. 24; MAR. 3 & 31; APRIL 14 & 21; MAY 5

Time: 6:30 - 8:30 pm

Cost: \$65 Seniors: \$55

Registration deadline: Sept. 30



Time: 6 - 7 pm Cost: \$60

Registration deadline: Sept. 28



CLASSES FILL UP FAST!

SPORTS (CONT.)

CO-ED VOLLEYBALL (SP3)

Tom Lardo

Enjoy volleyball for fun and exercise. Some instruction will be given.

Hamburg Middle School, gym
Dates: Tuesdays, Nov. 9 - May 10
* Please note: This is a full year class

NO CLASS DEC. 28; FEB. 8 & 22; APRIL 12

Time: 7:30 - 9:30 pm*
Cost: \$50 Seniors: \$30
Registration deadline: Nov. 2

* Volleyball dates/times will be adjusted in the event of home sports games.

SWIMMING

SUNRISE SWIM (SW1)

No instructor

Take an early morning leisure swim. Registrants swim lengths of the pool at their own pace. For your safety, we adhere to a swimmer: lifeguard ratio. The registration fee includes both days. Class limit: 25.

Hamburg High School, pool

Dates: Tuesdays & Thursdays, Oct. 5 - Dec. 16

NO CLASS NOV. 11 & 25

Time: 6:15 - 7:15 am

Cost: \$40 Seniors: \$30 **Registration deadline: Sept. 28**

MEN'S VOLLEYBALL (SP4)

Tom Lardo

Enjoy volleyball for fun and exercise. Some instruction will be given.

Hamburg Middle School, gym
Dates: Thursdays, Dec. 2 - May 12
* Please note: This is a full year class

NO CLASS DEC. 16, 23 & 30; JAN. 27; FEB. 24; APRIL 14

Time: 7:30 - 9:30 pm*
Cost: \$45 Seniors: \$25
Registration deadline: Nov. 23

* Volleyball dates/times will be adjusted in the event of home sports games.



SWIM FOR HEALTH (SW2)

No instructor

This program of leisure swim is for adults who like to enjoy the recreational benefits of a pool. For your safety, we adhere to a swimmer: lifeguard ratio. The registration fee includes both days. Class limit: 25.

Hamburg Middle School, pool

Dates: Tuesdays & Thursdays, Oct. 5 - Dec. 14

NO CLASS NOV. 11, 18 & 25

Time: 5:30 - 6:30 pm Costs: \$40 Seniors: \$30 **Registration deadline: Sept. 28**



SWIMMING (CONT.)



DEEP WATER WORKOUT (SW3)

Mary Jo Lardo

This fitness program provides a no-impact but challenging cardiovascular workout. The class will use flotation devices to assist in a total body workout. Kick, tread and scull your way to a fit body. You will find this class especially challenging to the abs and thighs. Participants must be comfortable in deep water with no support. Students should purchase an aquatic belt or Styrofoam water weights.

Class limit: 25. Hurry! This class usually fills up quickly.

Hamburg Middle School, pool

Dates: Mondays & Wednesdays, Oct. 4 - Dec. 8

NO CLASS OCT. 11; NOV. 17 & 24

Time: 5 - 6 pm

Cost: \$55 Seniors: \$45 **Registration deadline: Sept. 27**

AQUA AEROBICS (SW4)

Stephanie Lardo

This is an easy-going, low-impact water aerobics class. It includes stretching, quick cardio and some light arm workouts. Participants should be comfortable in the water. Class limit: 25. Hurry! This class usually fills up quickly.

Hamburg Middle School, pool

Dates: Mondays & Wednesdays, Oct. 4 - Dec. 8

NO CLASS OCT. 11; NOV. 17 & 24

Time: 6 - 7 pm

Cost: \$55 Seniors: \$45 **Registration deadline: Sept. 27**





MASTER SWIMMING

Wendy Ryan

This class is for competitive swimmers — past, present & future — who would like to improve their efficiency and conditioning using the four basic competitive strokes. If you are unable to consistently swim break-free laps, this course is not for you.

SATURDAYS MASTER SWIM (SW5)

Hamburg Middle School, pool Dates: Saturdays, Oct. 2 - May 14

NO CLASS NOV. 27; DEC. 25; JAN. 1 & 29; FEB. 19

& 26; APRIL 9 & 16 Time: 1 - 2:30 pm

Cost: \$85 Seniors: \$75 **Registration deadline: Sept. 25**

TUESDAYS MASTER SWIM (SW6)

Hamburg Middle School, pool Dates: Tuesdays, Oct. 5 - May 10

NO CLASS DEC. 28; FEB. 8 & 22; APRIL 12

Times: 6:30 - 8 pm

Cost: \$90 Seniors: \$80 **Registration deadline: Sept. 28**

THURSDAYS MASTER SWIM (SW7)

Hamburg Middle School, pool Dates: Thursdays, Oct. 7 - May 12

NO CLASS NOV. 11, 18 & 25; DEC. 16 & 30; JAN. 27;

FEB. 24; APRIL 14 Time: 6:30 - 8 pm

Cost: \$85 Seniors: \$75 **Registration deadline: Sept. 30**



Please complete a separate registration form and payment for each person and each class. Copies or 3x5 cards are acceptable. Be sure to include the correct course number.

Checks or cash are accepted in-person. Checks can also be mailed to the below address. Credit cards are accepted only with online registration.

REGISTER BY MAIL:

Hamburg Central Schools Continuing Ed. Office 5305 Abbott Rd. Hamburg, NY 14075

CHECKS PAYABLE TO:

Hamburg Central Cont. Ed.

REGISTER ONLINE:

hamburgschools.org -> Community -> Continuing Education

CONTACT US:

Reach us by email at: conted@hcsdk12.org or call 646-3200, ext. 7212, from 8 a.m.-12:30 p.m., Mon.-Fri.

NO CLASSES

WHEN SCHOOL IS CLOSED:

Oct. 11; Nov. 11 & 24 - 28 Dec. 24 - Jan. 2

WEATHER CLOSINGS:

When school is closed due to inclement weather, all night classes are cancelled as well. Monitor local TV stations throughout the day for closing information or visit the school district website at:

hamburgschools.org

Hamburg Continuing Education - FALL 2021 Please fill out completely and print legibly.	FOR OFFICE USE:
Name	Date rcvd.
Street	
Town/Zip	Check #
Phone number(s)	Class fee
Email for notification - PLEASE PRINT CLEARLY	Sr. discount Y N
Course # Course name	
I am 21 years of age or older Yes	
Senior citizen discount? Yes No	
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I am 21 years of age or older Yes	
Senior citizen discount? Yes No No	