



the FOCUS

January/February 2020 Official district newsletter Volume 51, Issue 3

Students learn on-the-job at Bulldog Corner Store

Customer service, money management, product selection, inventory and marketing are some of the on-the-job skills that students are mastering to prepare for future employment as they work in Hamburg High School's new Bulldog Corner Store. The student-run enterprise debuted in November, offering spirit wear, seasonal items, school supplies, personal care items and snacks. It is open during school hours to staff and students.



Tara Lynn Mancini arranged merchandise in preparation for the store opening.

Hamburg Village Mayor Tom Moses presented a plaque at a ribbon-cutting marking the occasion and representatives of the Southtowns Regional Chamber of Commerce were on-hand for the celebration.

Students in the High School work-readiness class and work force development program staff



Hamburg Village Mayor Tom Moses made a purchase with assistance from Alex McCown, left, and Zack Wick.

the store during their free periods. They apply for the jobs, are interviewed by the Work-based Learning Coordinator and complete two-week training.

The new store is a "win-win," as it enhances students' career readiness and provides the convenience of an in-school shop for those in the building to buy common items needed throughout the day.



Boston Valley rock-n-rolls to celebrate 50 days of school

Boston Valley Elementary celebrated the "Big 5-0" — the 50th day of school, that is — with a sock hop in November. Dressed in 50's attire, students of Theresa Glowacki, Amy Judge and Antoinette Montagna danced to music of the era, posed for photos and sipped root beer floats. From left, kindergarteners Reyna Reinhardt, Callie Borrello, Audrey Pyc and Emily Krolczyk hopped and bopped to the rock-n-roll.





Superintendent's Column

Redesign of school physical spaces supports students' modern learning

This is a very exciting time to be a part of the Hamburg Central School District. We are grateful for the efforts of our skilled and dedicated instructional staff as they continue to update our curriculum and modernize the methods of instruction and assessment that they use to educate our modern thinkers who create, care, solve and discover. Importantly, we will continue to rapidly redesign our physical spaces according to the needs of our modern learners.

In 2016, the taxpayers of this community voted 81% to 19% in favor of a \$9.87 million capital project referendum . . . As a result of that vote, we were able to:



Michael Cornell
Superintendent



See video on *Modern Learning Spaces*

- Replace the roof at Charlotte Avenue School
- Completely reconfigure and renovate the Library Media Centers at the High School and the Middle School, including all new bookcases, tables and seating
- Create an entirely new Family and Consumer Science Suite at the Middle School with eight full kitchens, classroom space, sewing room and furniture

- Install all new hallway ceiling tiles and replace all of the existing fluorescent interior lighting with new LED lighting
- Replace the entire perimeter fence at Howe Field with a new fence
- Move the Health, Physical Education and Recreation Office and the School Store from the second floor of the High School to a more central location across from the Main Office
- Repaint both gymnasiums at Union Pleasant Elementary School
- Make significant upgrades to lighting and sound at all six auditoriums, including new stage curtains for each

We have also used one-time grant funds from Assemblyman Sean Ryan, State Sen. Chris Jacobs and State Sen. Pat Gallivan to:

- Renovate the Cafeterias and Library Media Centers at Charlotte Avenue School and Boston Valley School
- Create the Axis Room at Union Pleasant Elementary School, where staff of the Hamburg Central Schools come together to learn and collaborate
- Create a Maker Space at the Middle School
- Create the Tinker Tank, which is an elementary Maker Space at Boston Valley School

- Upgrade all four elementary school playgrounds with new Inclusive Play pieces so that students of all physical and developmental abilities can play together

We also replaced 17,000 interior and exterior lights with energy efficient LED lights and renovated all staff rooms in each of our six schools across the district.

All of this work was completed on time and well within the anticipated budget. We have also emphasized innovative modern designs and furniture choices, and assured that we executed with the highest quality workmanship and materials. While we are proud of the volume and quality of the work

we've done over the past couple of years, much remains to be done to provide our students with the physical spaces that will support modern learning in schools so that our students are equipped to thrive in a world that is increasingly dominated by volatility, uncertainty, complexity and ambiguity. With that in mind, our long-term Facilities Plan anticipates Capital Project votes in 2020, 2023 and 2026 so that we can continue the work of modernizing the Hamburg Schools.

Last year we empaneled a large Capital Project Committee comprising school staff and community leaders, and established a timeline for the planning and vote for the 2020 Capital Project. According to that timeline, we have engaged our architect, Gordon Jones, and our construction management firm, Turner Construction, to work with the staff in each of our six schools to determine how to further redesign our physical spaces to best accommodate the modern learning experiences that our students require. We have also established a separate committee to assess our athletic facilities, to determine the extent to which they need to be included in the 2020 Capital Project. Lastly, we are finalizing our state-mandated Building Condition Survey.

Over the next several months, we will blend together the priorities of the staff and the necessities identified in the Building Condition Survey. In the Spring, we will bring an array of possibilities to our Capital Project Committee for their feedback, and in the Summer I anticipate being ready to make a recommendation to the Board of Education regarding the scope of the 2020 Capital project. We expect to be ready to have all of you vote on this project in December 2020.

For generations, the Hamburg Central School District has helped form a strong foundation for successful lives and a vibrant community. Our 10-year Facilities Plan will modernize our school buildings and assure that we continue to do so for generations to come.

NYS Teacher of Year has roots in Hamburg

New York State Teacher of the Year 2020 Rachel (Beatty) Murat, a 1990 Hamburg High School graduate, is known for empowering students to find and share their voice as individuals. A High School social studies teacher in the Maine-Endwell Central School District, she has spent her 24-year career not just teaching students, but mentoring and inspiring them to achieve their full potential.



Retired Hamburg teacher Jim Beatty and his daughter, Rachel Murat, NYS Teacher of the Year.

“My philosophy of teaching is that we do our best to create kind, compassionate, community-minded individuals who know they can, and will, make a difference through their actions and their commitment to seek out learning throughout their life,” said Mrs. Murat.

A dedication to teaching runs in her family. She is the daughter of Jim Beatty, who

was a fourth grade teacher at Armor Elementary before retiring in 2006 after 37 years in education.

The Teacher of the Year award is bestowed by the NYS Board of Regents to exemplary teachers who are skilled and passionate about teaching. Among Mrs. Murat’s accomplishments: developed Maine-Endwell’s first Digital Citizenship course to help students understand the importance of their digital footprints; helped develop a 9th grade mentoring program to help students transition to High School; founded Maine-Endwell Assisting Local Spartans, through which the district provides food and essentials to families.

View newest school videos

The district has added two new videos to its series to tell the story of what makes the Hamburg Schools unique. These videos focus on innovative teaching and active learning.

The newest video shows how Hamburg’s Farm to School initiative is helping students to grow as healthy modern learners by connecting classroom, cafeteria and community.

The other addition focuses on technology, highlighting how a virtual reality field trip engaged students, encouraged exploration and enhanced learning.

View all the videos on the district website: hamburgschools.org. Use the Departments drop-down menu at the top, then --> Community Relations --> Our District Videos.



For all the latest Hamburg Central School District information, follow us on social media.

Twitter: @Hamburg_Super

Chromebook rollout reaches High School

Teacher training ushers in next phase

The new year will bring a new tool to Hamburg High School teachers to enhance their students’ learning experiences. About 90 teachers in Grades 9-12 will receive Chromebooks after receiving training on the devices in January. This continues a Chromebook rollout to teachers and students that started in September 2017, when Middle School teachers received the devices.

Since that time, about 1,050 Chromebooks have been placed in service for Grades 5-8 students, plus more than 100 Middle School staff members. The district is working toward providing one device per student Grades 5-12 and increasing the number of age-appropriate devices for Grades K-4 classrooms.

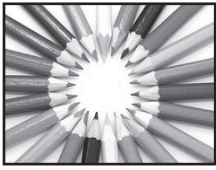
In preparation for this next phase, High School teachers will receive one-hour training during Regents exam week in January with Technology Integration Specialist Patrick Wirth, including examples of how the devices can immediately be put to use in the classroom to support great teaching. In September 2020, High School students will receive their Chromebooks.



Computer aides Megan Marquis, left, and Deb Willis helped with Chromebook implementation over the summer and will manage the devices at the High School once they’re rolled out.



GOODWILL TOUR — State Assemblyman Pat Burke, right, visited Armor Elementary School in December at the invitation of Superintendent Michael Cornell. They toured the Library Media Center and Computer Lab as Mr. Cornell talked about possibilities for renovations to meet the needs of modern learners. Then it was on to Hamburg Middle School, to view the recently completed Maker Space as an example of what’s been accomplished with grant funds.



January/February Calendar

Check hamburgschools.org
for the most up-to-date information.

Wednesday, Jan. 1

Winter recess/No school

Saturday, Jan. 4

8:30-10:30 a.m. — Bottle/can drive for athletics, High School

Tuesday, Jan. 7

3:15 p.m. — Boston Valley Elementary PTSA

Wednesday, Jan. 8

7 p.m. — Armor Elementary PTSA

Thursday, Jan. 9

6:30 p.m. — 8th to 9th Grade transition for students & parents, High School aud

Monday, Jan. 13

6:30 p.m. — PTSA Executive Board, High School LMC

7:30 p.m. — High School PTSA, LMC

Tuesday, Jan. 14

6:30 p.m. — School Board at Armor Elementary

Wednesday, Jan. 15

3:15 p.m. — Union Pleasant Elementary PTSA

7 p.m. — Charlotte Avenue Elementary PTSA

Monday, Jan. 20

Martin Luther King Jr. holiday/No school

Tuesday, Jan. 21

Regents Exam week starts at High School

Friday, Jan. 24

Regents Exam week concludes at High School

10:30 a.m. — *Grades 6-8 early dismissal/ Rating Day*

Tuesday, Jan. 28

3 p.m. — Middle School PTSA

Thursday, Jan. 30

7:30 p.m. — Middle School musical "Frozen Jr."

Friday, Jan. 31

PreK parent conferences

6-8 p.m. — Armor Elementary Family Fun Night

7:30 p.m. — Middle School musical "Frozen Jr."

Saturday, Feb. 1

1 p.m. — Middle School musical "Frozen Jr."

Tuesday, Feb. 4

3:15 p.m. — Boston Valley Elementary PTSA

Thursday, Feb. 6

6:30 p.m. — Boston Valley Elementary Science Fair

7 p.m. — Armor Elementary Grade 5 musical

7:30 p.m. — High School Drama Club play "Clue on Stage"

Friday, Feb. 7

PreK parent conferences

7 p.m. — Armor Elementary Grade 5 musical

7 p.m. — Charlotte Avenue Elementary PTSA Bingo Night

7:30 p.m. — High School Drama Club play "Clue on Stage"

Saturday, Feb. 8

8 a.m. — ACT Exam, High School

8:30-10:30 a.m. — Bottle/can drive for athletics, High School

7:30 p.m. — High School Drama Club play "Clue on Stage"

Monday, Feb. 10

7 p.m. — Grades 5 & 6 Showcase Concert, Middle School

Tuesday, Feb. 11

6 p.m. — School Board budget work session/regular meeting at Union Pleasant Elementary

Wednesday, Feb. 12

7 p.m. — Charlotte Avenue Elementary PTSA

7 p.m. — District Fiddle Fest Grades 4-12 at High School

Thursday, Feb. 13

7 p.m. — Boston Valley Elementary Father-Daughter Dance

Friday, Feb. 14

PreK parent conferences

Monday, Feb. 17

through Friday, Feb. 21

Mid-winter recess/No school

Students master Stock Market Challenge

A Hamburg High School team experienced the thrill of the stock market trading floor at the 11th annual JA Stock Market Challenge in November and clinched a second place win. Team members were Jack Harper, Jacob Fuhrman, Mike Sawulak and Grace Haapapuro. They were among 145 teams and 580 local students from 34 high schools who competed.

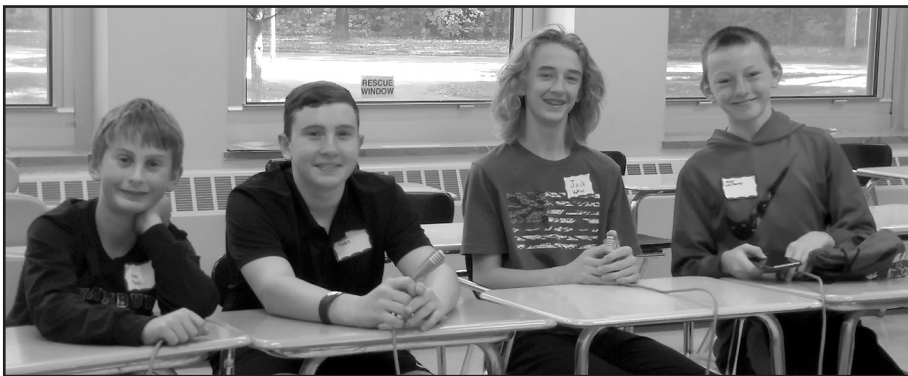


Pictured, from left: Trina Burrus, Rick Hamister; Hamburg students Jack Harper, Jacob Fuhrman, Mike Sawulak and Grace Haapapuro; Jeff Martin, Laurie Mahoney.

Students started with a \$1 million portfolio in this computer simulated stock market event held at the Buffalo Niagara Convention Center. Hamburg maintained the lead until the last few days of trading, when Attica High School made a move to secure first place. Hamburg finished with a 44.74% increase in its portfolio and a final net worth of \$1.4 million.

"Whether we end up with a large return on investment or negative ROI, this program is a highlight for my students," said Hamburg business teacher Sheila Sampson. "Learning to work together and communicate is crucial for the students. The skills learned at the Stock Market Challenge open the door to the world of financial planning and investing for our students."

Prior to the challenge, Junior Achievement (JA) provides an in-class educational program called JA Take Stock in Your Future. Volunteers visit classrooms to teach students facts about investments and the stock market in order to enhance the overall learning experience. JA provides financial literacy, entrepreneurship, and career and work-readiness programs for kindergarten-12th grade students throughout eight counties of Western New York.



The first place Certamen team, from left: Vonn Dudek, Jack Coen, Jack Watkins, Alan Whittemore

Latin students fare well at state Certamen

Top finishers emerged when 23 Hamburg High School and Middle School Latin students participated in the New York State 2019 Fall Fest Certamen. They were among 220 students from 10 schools across the state who competed in such events as Latin quiz-bowl, academic testing, oratory, chess, volleyball and basketball.

Seventh graders Jack Watkins, Jack Coen, Vonn Dudek and Alan Whittemore won first place in their division of Certamen. Eighth graders Liam Tillou, Logan Kaminski and Layla Lewis won third. In Level III, sophomores Leah Jarzynski, Leah Iwanitzki and Chika Simon won third.

In other results: junior Madeline Della Vella, second, oratory contest for advanced Latin and third, Roman Civilization; Logan Kaminski, academic testing, third, Pentathlon; Leah Iwanitzki, second, Vocabulary; Chika Simon, third, Pentathlon; Vonn Dudek, Olympica sports, winner in basketball shootout.



A. Taylor



The music stands are put to use.

Music motivates Eagle Scout's project

A Hamburg graduate who developed a passion for music during his school career has given something back to the program as his Eagle Scout project. Andrew Taylor, Class of 2019, built music stands for the High School Jazz Ensemble as a member of Boy Scout Troop 400.

Currently majoring in trumpet performance at SUNY Fredonia, Mr. Taylor first took an interest in the instrument while studying under the direction of Hamburg music teacher Matt Miraglia. He played in the High School Wind Ensemble and Jazz Ensemble for his entire High School career. In 2016, he traveled to Japan with the Jazz Ensemble, led by Band Director Larry Dubill.

Now the music stands represent a lasting thank you to those who helped hone his talents and something to be enjoyed for many years to come by other students.



L. Hart



N. Pitillo

HARKNESS STUDENTS OF MONTH — Two Hamburg High School students were selected as Student of the Month in their program at the Harkness Career & Technical Center. Lillian Hart, a junior, was cited for being a hard worker and an asset in Early Childhood Education I. Natalie Pitillo, a senior, was cited as a role model and for creativity on art projects in Fashion Design II.



Let us
give thanks

Students Shannon Bunn, left, and Ella Ballowe were among many students assisting when more than 300 dinners and extra meals were provided to Hamburg school families in need through Hamburg High School's Thanksgiving Drive in November. The student Character Committee, led by School Counselor Kathy Battin, oversees this annual effort to help the less fortunate. It's made possible through food and financial donations from those in the Hamburg Schools and community.



Seventh graders explore career options

Hamburg Middle School seventh graders explored future job possibilities at the school's fifth annual Career Fair in November. Thirty-three career fields were represented. Students selected four fields of interest and interacted with a professional for about 10 minutes each. The fair was arranged by school counselors Sean Vittum, Jillian Crossetta and Kelly Mulvey to increase students' awareness and provide insight into what it takes to be successful in the workforce. *Pictured above:* Dr. Kristina Myers gives details about the field of internal medicine, while Dan Feeny of Erie 1 BOCES Potter Career & Technical Center tells students about welding.

Student artwork expresses appreciation to School Board

Marking NYS School Board Recognition Week in October, Superintendent Michael Cornell expressed appreciation to Hamburg's board members for their support and the role they play in the education of children. Each board member received a copy of a favorite artwork created by a Hamburg student that was selected at the District Art Show. Some of the works were

also displayed at the Administration Building.

The student artists and the school they attended in 2018-19: Cody Frier, Armor Elementary; Lily Pascucci, Charlotte Avenue Elementary; Elizabeth Nawotka, Boston Valley Elementary; Coy Burgess, Union Pleasant Elementary; Ashlyn Poppenberg, Middle School; David Rypinski and Andrew Genzel, High School.

Superintendent's Awards: Bella Coppola, Armor; Jacob Appolson, Boston Valley; Ben McAlpine, Charlotte Avenue; Robert Weinstock, Union Pleasant; Allena Trice, Middle School; Lauren Chiacchia, High School



BULLDOG DASH WINNERS — Close to 500 runners representing schools, clubs, athletic teams, families and community neighbors participated in the 2019 Bulldog Dash 5K Fun Run/Walk in celebration of Conor Long, held at Howe Field in October. Overall winners (*pictured above*) were Debra Vertoske, a music teacher at Union Pleasant Elementary, and Evan Castlevetere. Proceeds from this event benefit the Hamburg High School Health Science Academy, Hamburg Bulldogs Booster Club and ConnectLife (formerly unyts).



TOP TRIVIA TEAM — Nearly 60 Hamburg Middle School students participated in the third annual Harry Potter Trivia Contest hosted by the LMC in November. First place went to the Minerva's Masterminds team, consisting of, *from left:* Ke'ala Pagan, Norah Fending, Anya Moelbert and Gwyneth Huson.

The Hamburg High School Drama Club presents



Clue
ON STAGE

Hamburg High School

Thursday, Feb. 6

Friday, Feb. 7

Saturday, Feb. 8

All performances are at 7:30 p.m.

Hamburg High School will present Johnathan Lynn's comedy "Clue on Stage" on Thursday, Feb. 6; Friday, Feb. 7; and Saturday, Feb. 8 at 7:30 p.m. in the auditorium, 4111 Legion Dr.

It's a dark and stormy night and you've been invited to a very unusual dinner party. Each of the guests has an alias, the butler offers a variety of weapons and the host is, well...dead. So whodunit? Join the iconic oddballs: Scarlet, Plum, Mustard, White, Green and Peacock as they race to find the murderer in Boddy Manor before the body count stacks up. "Clue on Stage" is a madcap comedy based on the 1985 movie, which is based on the classic board game, and will keep the audience guessing until the final twist.

If you would like to be a patron of this production, please fill out the form below with your name as you would like it to appear in the program. All patron/mail orders must be received by Thursday, Jan. 30.

Tickets will be sold in the High School main foyer as of Jan. 27 from 3-6 p.m., Monday through Friday. Tickets will be sold at the door on the nights of the play at no additional charge. Or, tickets can be ordered by mail, using the form below. Tickets are \$10 for adults; \$5, students.

Ticket orders by mail

Name _____ Street _____
Town _____ Zip _____ Phone _____

	Feb. 6	Feb. 7	Feb. 8
Gold patron \$60 <i>includes 4 tickets</i>			
Silver patron \$50 <i>includes 3 tickets</i>			
Bronze patron \$40 <i>includes 2 tickets</i>			
Adult tickets @ \$10 each			
Student tickets @ \$5 each			

Total # tickets: _____

Total \$ enclosed: _____

Make checks payable to:
Hamburg HS Drama Club
Return ticket order form to:
Marc Ruffino
Hamburg High School, 4111 Legion Dr.
Hamburg, NY 14075

Ticket mail order and patron order deadline: Thursday, Jan. 30.



Administration Building
5305 Abbott Rd.
Hamburg, N.Y. 14075

Published by the Board of Education
Thomas F. Flynn III, Board President
Michael Cornell, Superintendent

Michele Darstein, Editor

Armor Elementary 646-3350
Boston Valley Elementary..... 646-3240
Charlotte Avenue Elementary 646-3370
Union Pleasant Elementary..... 646-3280
Hamburg Middle School..... 646-3250
Hamburg High School 646-3300
General Information..... 646-3200

hamburgschools.org

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Athletics award honors school culture of character, sportsmanship

Baseball, volleyball coaching also receive recognition

Hamburg’s philosophy of building students’ character through athletics was recognized in November when Patrick Cauley, the district’s Director of Health, Physical Education & Athletics, was honored as Athletic Director of the Year by Cross Training Athletics. This organization’s mission is to train athletes “from the inside out.” Mr. Cauley was credited with creating a culture within the Athletics Department that prioritizes character and sportsmanship.

“Any individual award is 100% a team award — that’s just our culture,” commented Mr. Cauley. He has served as Hamburg’s Athletic Director since 2013 and before that was a health/physical education teacher and coach with the district.

Derek Hill, Hamburg’s varsity baseball coach and High School math teacher, was also honored by Cross Training Athletics with the John Faller Commitment Award. Mr. Faller coached football and lacrosse at Sweet Home for more than 30 years and was known for his passion and consistency.

In another matter, Brian Carroll, Middle School physical education teacher and former Hamburg varsity volleyball coach, was inducted into the Western New York Men’s Volleyball Hall of Fame in November. He joined the district in 1996 as an elementary physical education teacher and varsity volleyball coach at the High School. He became the face of Bulldog volleyball and was a fixture in the WNY volleyball community for the next 23 years. His coaching scorecard included



Brian Carroll and family

six ECIC Division titles, seven Section VI titles, two New York State championships and more than 25 All-WNY selections. He retired from coaching after 2018 to focus on his family.



Patrick Cauley, center, with Paul Schinztius, left, and Mike Masters



Derek Hill



Diving in for Special Olympics

A team from Hamburg Schools braved the chilly waters of Lake Erie in December to take the Polar Plunge for NY Special Olympics. The Hamburg Teachers’ Association team, *pictured from left*, of Tom Adams, Michele Adams, Andrew Pacifico, Beth Walters, Marie Hennessey, Mary Finnerty, Jeff Miodonski, Izzy Clarke and Team Captain Lori Raybold, along with Jon Pawlowski (*not pictured*) raised nearly \$2,300 by taking the plunge at Woodlawn Beach State Park.



CONTINUING EDUCATION SPRING 2020

IMPORTANT NOTES:

- Registration and payment with the Continuing Education Office are required BEFORE you will be permitted in class. Instructors will not accept course payment or registrations. They will accept lab fees ONLY, where noted. Please adhere to registration deadlines.
- Students of Continuing Education must be at least 21 years old.
- Registration is required for all classes, *even those that are free.*
- You will be notified if a course is cancelled. In these instances, you will receive a refund (less the processing fee, if you registered online).
- We accept payment by check or cash for mail-in or in-person registration. A credit card can be used with online registration ONLY. No phone registrations will be accepted.
- If you are 60 years of age or older, you are entitled to a senior discount, where noted.
- Classes will not run if Hamburg Central School District's day or evening activities are cancelled due to inclement weather. In the event of such closing, you should attend the next scheduled class. In the case of single classes, you will be notified of a rescheduled date.
- **Once class begins, there are no refunds except for verified medical conditions.**

ENTERING OUR SCHOOLS

As part of the district's ongoing security enhancements, only certain exterior school doors will be unlocked for Continuing Ed. participants to gain entry to evening/ weekend classes. At the four elementary schools, entry is through the main doors. At the Middle School, entry is on the parking lot side of the building, through door #14 near the cafeteria. At the High School, entry is through door #30 (gym door) off the Legion Drive parking lot. Thank you for your cooperation.

REGISTRATION

We encourage you to register by mail or online for our classes. There are also 24-hour secure drop slots in the front doors of the Administration Building in which registrations can be placed at any time. If you wish to enter the Administration Building to register in-person, please be aware that all visitors are required to show government-issued photo ID before being permitted inside.

MAIL REGISTRATION FORMS & CHECKS TO:

Hamburg Central Schools Administration Bldg.
Continuing Ed. Office
5305 Abbott Rd. Hamburg, NY 14075
Check payable to: Hamburg Central Continuing Ed.

REGISTER ONLINE:

Go to hamburgschools.org -> Community -> Continuing Education. Click on the link to create an account to register online or use your existing account. You can use your credit card with online registration. Please note: If you register online, there is a processing fee. This fee is non-refundable, even if the class is cancelled or you withdraw. You will receive a confirmation email when you successfully register online.

Please register early, as some classes fill quickly or may be cancelled if there is insufficient registration.

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ARTS & CRAFTS



PAINTING & DRAWING WORKSHOP (A1)

Vicki Warhol

Unleash your artistic potential! This workshop is for artists with basic understanding of watercolor, acrylics, oils, colored pencil or sketching. Enjoy painting subjects of your choice in the company of other painters. Learn new techniques and ideas. Please bring the supplies you want to work with in class: paintbrushes, pencils, pens, paints, sketchbook, etc.

Hamburg High School, Room 132

Dates: Wednesdays, March 25 - May 20

NO CLASS APRIL 15

Time: 6:30 - 9 pm

Cost: \$50 Seniors: \$30

Registration deadline: March 18

BUSINESS & FINANCE

SOCIAL SECURITY PLANNING FOR WOMEN (B1)

Elizabeth Evanisko

Participants will learn how women can maximize their Social Security retirement benefits. We will explore different claiming strategies and how they apply to you if you are single, married or widowed. We will be going over how your benefit will be impacted if a husband or ex-husband dies and what happens if you get divorced or remarried. For married women we will also address the importance of Social Security planning your retirement benefits with your spouse.

Hamburg High School, Room 123

Date: Monday, Feb. 10

Time: 6 - 7:30 pm

Cost: Free

Registration deadline: Feb. 3



RISKONOMICS (B2)

Elizabeth Evanisko

This course will explore various risks individuals face with their savings both before and during retirement. We will look at strategies to generate income to meet your retirement income needs and not outlive your assets. We will discuss the biggest risks retirees face today, the common pitfalls of retirement as well as how to efficiently take retirement distributions.

Hamburg High School, Room 123

Date: Wednesday, March 11

Time: 6 - 7:30 pm

Cost: Free

Registration deadline: March 4



INVESTING FOR WOMEN (B3)

Elizabeth Evanisko

At this workshop, we will discuss various threats to a woman's financial future and the building block approach of savings insurance and investments. We will then focus on nine long-term strategies including diversification, taking advantage of tax breaks and systematic investing.

Hamburg High School, Room 123

Date: Monday, April 20

Time: 6 - 7:30 pm

Cost: Free

Registration deadline: April 13

NOTARY PUBLIC TRAINING COURSE (B4)

Notary Public Central

The objective of this course is to educate individuals with legal terminology, and concepts and clauses contained in the framework of the NYS notary booklet. The cost includes study guide, notary fact sheet, practical exam, sample forms, notary public application and NYS exam schedule. Students are required to bring pen and highlighter.

Hamburg Middle School, Room 125

Date: Thursday, April 2

Time: 6 - 9 pm

Cost: \$80

Registration deadline: March 26

BUSINESS & FINANCE (CONT.)

FIRST TIME HOME BUYER (B5)

Christopher Ricci

A perfect class for the first time home buyer or for someone who has purchased in the past — things have changed. We will examine the entire purchasing process starting with how to obtain your mortgage pre-approval, estimating your monthly payment, how to house hunt, the contract process, how inspections work and how the closing process works. The better you're prepared, the more successful your house hunting process will be. Other highlighted topics during the presentation: Common mistakes buyers make, how to overcome financial obstacles and when is the best time to buy.

Hamburg Middle School, Room 123

Date: Tuesday, March 10

Time: 7 - 9 pm

Cost: Free

Registration deadline: March 3

STRAIGHTFORWARD WAY TO PROTECT AND PRESERVE YOUR MONEY & INCOME FROM MEDICAID AND A NURSING HOME EVENT (B6)

Les Robinson, CLTC

Discussion will include: Protecting your personal choices and financial independence, removing the hidden financial threats to your money by Medicaid inflation, understanding the consequences of having or not having a plan on your money and income stream, how to avoid Medicaid spend down mistakes, long-term care options, maintaining eligibility, reducing the emotional and financial burden on your family, protecting your money and income from a Medicaid or long-term care event, avoiding impoverishing your spouse from a Medicaid or nursing home event.

Hamburg High School, Room 123

Date: Tuesday, May 5

Time: 6 - 8 pm

Cost: Free

Registration deadline: April 28



SOCIAL SECURITY PLANNING 101 (B7)

Paul Hutchings

This class will cover what everyone needs to know about Social Security. Often, when one is planning to retire, he/she ponders: Will my Social Security be taxed? When should I take Social Security? Will my spouse receive benefits? Can I receive benefits from an ex-spouse? Will working affect my Social Security benefits? Get answers to these questions and more, to help make the best Social Security decision.

Hamburg Middle School, Room 125

Date: Wednesday, Feb. 5

Time: 6 - 7:30 pm

Cost: Free

Registration deadline: Jan. 29

COLLEGE 101: PLANNING & PAYING (B8)

Paul Celuch - College Assistance Plus

In this presentation, parents will learn tips about the college search, scholarships, the college financial process & New York's Free Tuition Program for public and private colleges. Most importantly, we will discuss what parents can do to help their children minimize student loan debt. This presentation is ideal for parents of students in Grades 9-12.

Hamburg Middle School, Room 125

Date: Wednesday, Feb. 12

Time: 6:30 - 7:30 pm

Cost: Free

Registration deadline: Feb. 5



COLLEGE 102: A FINANCIAL LOOK AT THE COLLEGE JOURNEY (B9)

Paul Celuch - College Assistance Plus

An educational presentation offering 10 strategies to help control the cost of college. Topics will include merit scholarships, student loans, selectivity, EFC, financial aid and more.

Hamburg Middle School, Room 125

Date: Tuesday, April 7

Time: 6:30 - 7:30 pm

Cost: Free

Registration deadline: March 31

MUSIC

INTRODUCTION TO ACOUSTIC GUITAR, BANJO, MANDOLIN OR UKULELE (M1)

Peter Miranda

Have you always wanted to play a stringed instrument? These classes are intended to provide the opportunity to learn to play guitar, banjo, mandolin or ukulele. With regular attendance and practice, you should soon be able to play many of the folk songs that are part of our musical heritage. Completing this course prepares you to participate in Acoustic Music Jam. You may enroll in either or both music classes to sing along or try your newly-learned skills. Students are expected to provide their own instruments. If you do not have an instrument, contact the instructor (549-0864) for assistance.

Hamburg Middle School, Band Room 134

Dates: Wednesdays, Feb. 5 - April 8

NO CLASS FEB. 19

Time: 6:30 - 7:30 pm

Cost: \$50 Seniors: \$35



Registration deadline: Jan. 29

ACOUSTIC MUSIC JAM (M2)

Peter Miranda

Do you play acoustic guitar, banjo, mandolin or any other acoustic folk instrument? If you enjoy playing or singing folk music, you are invited to join us for an acoustic music jam. Music choices include traditional and modern folk, old-time country and bluegrass music. The music is paced for beginners, as well as experienced musicians. If you can't play an instrument, come and sing. Students are expected to provide their own instruments. If you do not have your own instrument, contact the instructor (549-0864) for assistance. Play lists and music sheets will be provided via email. A limited number of song sheets will be available for those who do not have internet access.

Hamburg Middle School, Band Room 134

Dates: Wednesdays, Feb. 5 - April 8

NO CLASS FEB. 19

Time: 7:30 - 9:30 pm

Cost: \$50 Seniors: \$35

Registration deadline: Jan. 29

SPECIAL INTEREST

CHAKRA AROMATHERAPY (SI1)

Pam Toole, RN, BSN, Reiki Master

In this class, participants will learn about the 7 Chakras and what each individual Chakra represents. We will review how to impact personal health through the Chakra system and what to do to keep them balanced and clear. Using aromatherapy is one way to assist in achieving balanced Chakras. The class will make essential oil salt inhalers for each chakra. Each person will leave with 7 Chakra essential oil salt inhalers and the knowledge of what you can do to assist in balancing and keeping one's own Chakras balanced. All supplies will be provided.

Hamburg Middle School, Room 125

Date: Monday, March 23

Time: 6 - 8 pm

Cost: \$10

Lab Fee: \$15 payable to instructor

Registration deadline: March 16



REIKI LEVEL 1 PRACTITIONER TRAINING (SI2)

Pam Toole, RN, BSN, Reiki Master

Reiki is a spiritual healing art with its roots in Japanese origin. The word Reiki comes from the Japanese word (Rei) which means "Universal Life" and (Ki) which means "Energy." Reiki is not affiliated with any religion or religious practice. It is not massage nor is it based on belief or suggestion. It is a subtle and effective form of energy work using spiritually guided life force energy. Reiki is the energy that flows through all living things. Course overview: Preparing a safe space, history of Reiki, Chakra system and energy, attunement to Reiki level 1, hand placement demonstration and practice, Reiki for yourself, others and animals, self healing meditation, daily practice and guidance. Upon course completion you will receive a training manual, Usui Reiki First Degree Certification, level 1 attunement and ongoing mentoring.

Hamburg High School, 123

Dates: Saturday, March 7

Time: 9 am - 2 pm

Cost: \$145

Registration deadline: Feb. 29

LEARN TO SCUBA DIVE (SI3)

Professional Scuba Inc. of Hamburg

Classes are taught by the staff of Professional Scuba of Hamburg, which is a PADI dive center. All instructors and assistant instructors are PADI certified. Students must supply mask, snorkel, fins and boots by the third class. All other required equipment is provided for student use in class. Participants can begin the registration process at the shop. Questions? Call Professional Scuba at 648-3483 or email proscuba@verizon.net.

Hamburg High School, pool

Dates: Mondays, Feb. 3 - April 20*

* Students attend 8 of the 10 scheduled sessions.

NO CLASS FEB. 17; APRIL 13

Time: 6 - 9 pm

Cost: \$50

Lab fee: \$225 payable to Professional Scuba

Registration deadline: Jan. 27

A MINDFUL EATING PROGRAM: "SAVOR THE MOMENT" (SI4)

Annette DeNies, LMSW

"Savor the Moment" is a powerful mindful-eating program that nourishes not only our body, but also our heart. Mindful eating is simply being fully present while we eat. It is not directed by charts, pyramids or scales, rather by your own inner experience. Through mindfulness practices we will become more aware of our bodies, our response to food, and our cues to hunger and satisfaction. During our time together we will become familiar with the seven kinds of hunger, our eating behaviors and how to work with our food cravings.

Hamburg High School, Room 123

Dates: Thursday, April 2

Time: 7 - 9 pm

Cost: \$40

Registration deadline: March 26

MINDFULNESS: "A COMING HOME" (SI5)

Annette DeNies, LMSW

Come, as we explore the mind and its relationship to our health and well-being. This two-day

session includes guided mindfulness meditation, mindful hatha yoga and mindful eating. No previous meditation experience required.

Hamburg High School, Room 127

Dates: Tuesday, April 21 & Thursday, April 23

Time: 7 - 9 pm

Cost: \$60

Registration deadline: April 14

BOATING SAFETY COURSE (SI6)

US Coast Guard Auxiliary - Hamburg

This class is taught by local qualified US Coast Guard Auxiliary instructors. Successful completion of this 10-hour course satisfies the NYS requirement for PWC (Jet Ski) operators and the recently signed law that by 2025, all New York operators of power boats must complete an approved boater safety course. Class book and other materials will be supplied.

Hamburg Middle School, Room 123

Dates: Thursdays, Feb. 6 - March 12

* Students must attend ALL scheduled sessions.

NO CLASS FEB. 20

Time: 7 - 9 pm

Cost: \$10

Lab fee: \$30 payable to US Coast Guard Auxiliary
3-2 Hamburg

Registration deadline: Jan. 30

WELLNESS & FITNESS

YOGA: FOR MENTAL, PHYSICAL & EMOTIONAL WELLNESS (FN1)

Emily Hoffman

Find your peaceful side. Try yoga for mental and emotional well-being. Learn basic yoga techniques over this 8-week session. Beginners welcome. Bring a yoga mat and water bottle.

Hamburg High School, Room 127

Dates: Wednesdays, Feb. 12 - April 8

NO CLASS FEB. 19

Time: 6:30 - 7:40 pm

Cost: \$80 Seniors: \$75

Registration deadline: Feb. 5



WELLNESS & FITNESS (CONT.)

YOGA: CHAIR (FN2)

Emily Hoffman

Try yoga for mental and emotional well-being. Class will begin in a chair and move to standing using the chair as a prop. Learn basic yoga techniques over this 7-week session. Beginners welcome. Bring a yoga mat and water bottle.

Hamburg High School, Room 127
Dates: Wednesdays, Feb. 26 - April 8
Time: 5:30 - 6:15 pm
Cost: \$65
Registration deadline: Feb. 19

ZUMBA® (FN3)

Carol Clark

Looking for a fun workout class? Dance your way into fitness with Zumba®, a Latin inspired fitness class that combines high energy moves and easy to follow dance combinations. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone the body and maximize fat burning. You don't have to know how to dance to do Zumba®. Zumba® creates a party-like atmosphere. It's a one-of-a-kind combination of dance and exercise designed to put the fun back into fitness. All fitness levels are welcome. Come join the party!

Charlotte Avenue School, gym
Dates: Mondays, Feb. 3 - May 11
NO CLASS FEB. 17; APRIL 13
Time: 6:30 - 7:30 pm
Cost: \$60
Registration deadline: Jan. 27



ZUMBA GOLD® (FN4)

Carol Clark

Zumba Gold® is the Zumba® fitness program that's everything a traditional Zumba® class is, but in this class we take it a little easier.

The Zumba Gold® class introduces you to easy to follow Zumba® choreography that focuses on balance, range of motion and coordination. Zumba Gold® is great for active older adults, those returning to exercise, those who are just starting on their journey to a fit and healthy lifestyle, or someone who has an illness or injury and is medically cleared to exercise but needs a different pace.

Boston Valley School, gym
Dates: Tuesdays, Feb. 4 - May 12
NO CLASS FEB. 18; APRIL 14; MAY 5
Time: 6 - 7 pm
Cost: \$60
Registration deadline: Jan. 28

SPORTS

MEN'S BASKETBALL THURSDAYS (SP2)

Tom Ryan

Basketball for exercise and recreation.

Union Pleasant School, Pleasant Ave. gym
Dates: Thursdays, Feb. 6 - May 21
NO CLASS FEB. 20; APRIL 2, 9, 16
Time: 6:30 - 8:30 pm
Cost: \$28 Seniors: \$23
Registration deadline: Jan. 30



MEN'S VOLLEYBALL (SP4)

Tom Lardo

Enjoy volleyball for fun and exercise. Some instruction will be given.

Hamburg Middle School, gym
Dates: Thursdays, Feb. 6 - May 7
NO CLASS FEB. 20; APRIL 9, 16
Time: 7:30 - 9:30 pm*
Cost: \$23 Seniors: \$13
Registration deadline: Jan. 30



** Volleyball times will be adjusted in the event of home sports games.*

SWIMMING

SUNRISE SWIM (SW1)

No instructor

Take an early morning leisure swim. Registrants swim lengths of the pool at their own pace. For your safety, we adhere to a swimmer: lifeguard ratio. Registration fee includes both days. Class limit: 25.

Hamburg High School, pool

Dates: Tuesdays & Thursdays, Feb. 4 - May 14

NO CLASS FEB. 18, 20; APRIL 9, 14, 16

Time: 6:15 - 7:15 am

Cost: \$30 Seniors: \$20

Registration deadline: Jan. 28



AQUA AEROBICS (SW4)

Stephanie Lardo

This is an easy-going, low-impact water aerobics class. It includes stretching, quick cardio and some light arm workouts. Participants should be comfortable in the water. Class limit: 25. Hurry! This class usually fills up quickly.

Hamburg Middle School, pool

Dates: Mondays & Wednesdays, Feb. 3 - May 13

NO CLASS FEB. 10, 17, 19; APRIL 13, 15; MAY 11

Time: 6 - 7 pm

Cost: \$50 Seniors: \$40

Registration deadline: Jan. 27

SWIM FOR HEALTH (SW2)

No instructor

This program of leisure swim is for adults who like to enjoy the recreational benefits of a pool. For your safety, we adhere to a swimmer: lifeguard ratio. The registration fee includes both days. Class limit: 25.

Hamburg Middle School, pool

Dates: Tuesdays & Thursdays, Feb. 4 - May 12

NO CLASS FEB. 18, 20; APRIL 9, 14, 16

Time: 5:30 - 6:30 pm

Costs: \$30 Seniors: \$20

Registration deadline: Jan. 28

MASTER SWIMMING

Wendy Ryan

This class is for competitive swimmers - past, present & future - who would like to improve their efficiency and conditioning using the four basic competitive strokes. If you are unable to consistently swim break-free laps, this course is not for you.

SUNDAYS MASTER SWIM (SW5)

Hamburg High School, pool

Dates: Sundays, Feb. 2 - May 17

NO CLASS FEB. 16, 23; APRIL 12, 19

Time: 10:30 am - noon

Cost: \$44 Seniors: \$39

Registration deadline: Jan. 26

DEEP WATER WORKOUT (SW3)

Mary Jo Lardo

This fitness program provides a no-impact but challenging cardiovascular workout. The class will use flotation devices to assist in a total body workout. Kick, tread and scull your way to a fit body. You will find this class especially challenging to the abs and thighs. Participants must be comfortable in deep water with no support. Class limit: 25. Hurry! This class usually fills up quickly.

Hamburg Middle School, pool

Dates: Mondays & Wednesdays, Feb. 3 - May 13

NO CLASS FEB. 10, 17, 19; APRIL 13, 15; MAY 11

Time: 5 - 6 pm

Cost: \$50 Seniors: \$40

Registration deadline: Jan. 27

TUESDAYS MASTER SWIM (SW6)

Hamburg Middle School, pool

Dates: Tuesdays, Feb. 4 - May 12

NO CLASS FEB. 18; APRIL 14

Times: 6:30 - 8 pm

Cost: \$44 Seniors: \$39

Registration deadline: Jan. 28



THURSDAYS MASTER SWIM (SW7)

Hamburg Middle School, pool

Dates: Thursdays, Feb. 6 - May 7

NO CLASS FEB. 20; APRIL 9, 16; MAY 14

Time: 6:30 - 8 pm

Cost: \$38 Seniors: \$33

Registration deadline: Jan. 30



Please complete a **SEPARATE** registration form and payment for each person and each class. Copies or 3x5 cards are acceptable. Be sure to include the correct course number.

Checks or cash are accepted in-person. Checks can also be mailed to the below address. Credit cards can be accepted through our online registration system.

REGISTER BY MAIL:

Hamburg Central Schools
Continuing Ed. Office
5305 Abbott Rd.
Hamburg, NY 14075

CHECKS PAYABLE TO:

Hamburg Central Cont. Ed.

REGISTER ONLINE:

hamburgschools.org > Community > Continuing Education. Create an account and pay, click the registration link.

CONTACT US:

Reach us by email at:
conted@hcsdk12.org or call
646-3200, ext. 7212, from
9:30 a.m.-12:30 p.m., Mon.-Fri.

NO CLASSES

WHEN SCHOOL IS CLOSED:

FEB. 16 - 23
APRIL 9 - 19

WEATHER CLOSINGS:

When school is closed due to inclement weather, all night classes are cancelled as well. Monitor local TV stations throughout the day for closing information or visit the school district website at:

hamburgschools.org

Hamburg Continuing Education - SPRING 2020

Please fill out completely and print legibly.

Name _____

Street _____

Town/Zip _____

Phone number(s) _____

Email for notification - PLEASE PRINT CLEARLY

Course # Course name

I am 21 years of age or older Yes

Senior citizen discount? Yes No

FOR OFFICE USE:

Date rcvd. _____

Check # _____

Class fee _____

Sr. discount Y N

Hamburg Continuing Education - SPRING 2020

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Hamburg Continuing Education - SPRING 2020

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