

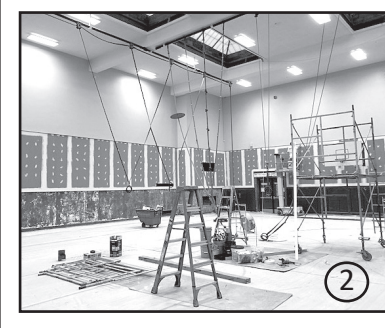
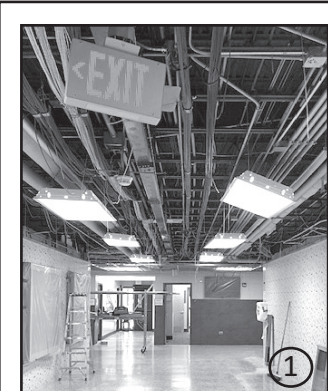


Homecoming: Talking proud for "Buffalo Sports"

What's your favorite Buffalo sports team? All will be fan favorites at this year's Hamburg High School homecoming.

"Buffalo Sports" is the theme for the homecoming parade on Friday, Sept. 20 with class floats decorated in honor of the Buffalo Bills, Buffalo Sabres, Buffalo Bandits and UB Bulls. The parade rolls out at 6 p.m. from Union Pleasant Elementary School to Howe Field. The main attraction football game at 7 p.m. will pit the Bulldogs against Williamsville North.

The weekend wraps up with the homecoming dance on Saturday, Sept. 21 from 7-10 p.m. at the High School. Tickets are \$13 and will be sold Sept. 17-20.



Summer facilities work enhances schools

There was no "down time" this summer inside or outside Hamburg Central's buildings as facility improvements were in full swing to prepare for the new school year. Much of the work was completed through Phase 2 of the capital project approved by voters in 2016. District crews also played a major role in some of the upgrades.

The projects (pictured when in progress) included:

High School

- New fencing and windscreens on tennis courts (photo #3)
- New window shades for more effective light/thermal control

Middle School

- New ceiling tiles and energy efficient lights in all hallways (photo #1)
- Renovated building front and bus entrances
- Replaced sidewalk

(Please turn to back page)

Coached by chefs, eighth graders will compete to have item on school lunch menu

So many ingredients...so many possibilities! For 20 Hamburg Middle School eighth graders and their professional chef coaches, the challenge at an October food competition will be to turn those fresh, local food products into a tasty side dish. The winning entrée, created by one of four teams, will be featured for lunch in November.



The Jr. Chef Challenge, scheduled for Friday, Oct. 4 at the Middle School, 360 Division St., is the kick-off

event for the district's 2019-20 Farm 2 School (F2S) season. Doors open at 4:30 p.m., with dishes to be presented to a panel of local celebrity judges at 5:30 p.m. A Community Big Apple Crunch follows at 6 p.m., with participants invited to simultaneously take a "Big Bite" in the school courtyard in hopes of winning \$1,000 for the district's school gardens. The evening, which is open to the public, will include



Middle School students tried their hand at food preparation at Alchemy in August to ready for the Jr. Chef Challenge. Making gluten-free lasagna with zucchini noodles: eighth graders Jacob Andrew (pictured at left) and Lauralei Krencik (pictured at right).



Superintendent's Column

Modern learning for a changed world

As the weeks of August turn into early September, our collective attention at home and here at the Hamburg Schools turns towards the dawn of another school year. It is your children who bring the joy to our work and we look forward to welcoming our students back to school on Wednesday, Sept. 4.

I have used this space in the past to talk about the imperative of Modern Learning for all students. I'd like to take this opportunity to talk more specifically about the benefits that modern learning will have on each student, and it is important to begin by stating a couple of the realities that our students will face after they've graduated from High School.

1. Our students will have many different jobs in their lives, most of which don't exist yet
2. The requirements placed upon the modern work force and the typical post-secondary learning environment highlight the need for skills and dispositions not traditionally taught or assessed in schools
3. The world is increasingly characterized by volatility, uncertainty, complexity and ambiguity

With this in mind, our educators will continue to employ research-based tools and strategies that empower our students for their future by requiring them to:

- Be creative and critical thinkers
- Be productive collaborators
- Be effective communicators

For example, students will be more likely to be confronted in class with authentic and complex problem solving opportunities, designed to invite them to work through uncertainty



Michael Cornell
Superintendent

and confusion. For their part, students will become used to the idea that pushing through frustration and learning from their mistakes in their pursuit of solutions is as highly valued as an "A" on a traditional test. Also, classrooms are starting to look different. Desks are already less likely to be arranged in rows, and, in fact, students are less likely to even be seated at a traditional desk at all. Student choice and student voice, along with more authentic and performance-based assessments, have become prominent features in classrooms from PreK-12.

There is a Chinese proverb which says that society should "not confine your children to your own learning, for they were born in a different time." The core of the Hamburg Central School District's commitment to educating your child to become a "modern thinker who creates, cares, solves and discovers" (HCSD Vision Statement) is formed by purposefully designed instruction, which includes:

- Student Agency — students making meaningful choices about their learning. As a result they are collaborating, creating, making and publishing in authentic ways.
- Self-efficacy — students experience failure as an opportunity to learn through more information, time and resources
- An emphasis on strong relationships — students have productive, enduring and engaging relationships with their peers and their teachers

2019-2020 marks the third year of our modern learning initiative. Over the course of this time, our focus on instructional strategies that support deep and transferable learning have also yielded outstanding scores on Regents and Advanced Placement exams, as well as on the 3-8 NYS Assessments. Additionally, our students continue to be well equipped to follow the post-secondary option of their choice.

For more information about our Instructional Commitments, Action Steps and "Look Fors," please go to Hamburgschools.org and click on the "Strategic Plan" tab. For regular updates on what's happening in classrooms throughout the school district, and other important news about the Hamburg Central School District, follow me on Twitter @Hamburg_Super. You can also follow our Office of Curriculum and Instruction on Twitter @HCSDLearns.

As always, we appreciate your partnership in the learning and growth of the students of this community. We can't wait to see your children on the first day of school, which is Wednesday, Sept. 4.

“ For their part, students will become used to the idea that pushing through frustration and learning from their mistakes in their pursuit of solutions is as highly valued as an "A" on a traditional test. ”

New Middle School Principal aims to energize learning

Creative, caring classrooms are key for Thomas Adams

Bringing a deep knowledge of the middle level learner, Thomas Adams became Hamburg Middle School's new Principal in July. Mr. Adams' career in education spans 23 years. Most recently, he served as Principal at Newfane Middle School since 2007. Prior to that he was Assistant Principal at the school after starting his career there as a 7th and 8th grade social studies teacher.

In his new position, Mr. Adams will serve as the educational leader of about 800 students in Grades 6-8 and 140 staff members. He will work in partnership with Assistant Principal Amanda Bolin.

"We are fortunate that Tom Adams has joined our team," said Superintendent Michael Cornell. "He comes to us with an outstanding reputation as a teacher and a leader, and was beloved in his former district. Tom is a true expert in middle level education. He is exactly the right person to press ahead with the great work that's

been done at Hamburg Middle School."

For Mr. Adams, the path to educating modern thinkers begins with classrooms that are creative and caring places, where relevant content is offered in an energizing way to learners.

"It means that classrooms are places of student engagement, with knowledgeable and caring staff guiding that work," he said.

Most importantly, he believes that all adults must be committed to connecting meaningfully with even the most challenging learners.

"Our work is about connections," he said. "It is imperative that we create an environment where students are energized by both the content they are learning and by the adults who are guiding that work."

Mr. Adams holds a master's degree in English education from SUNY Buffalo and bachelor's in history from SUNY Geneseo. He is also certified as a NYS school district administrator.

Mr. Adams succeeds Jennifer Barker, who became the district's Director of Pupil Services.



T. Adams

Induction on Sept. 28 for Alumni Wall of Fame

The Hamburg Alumni Foundation will honor the following inductees at this year's 2019 Wall of Fame ceremony on Saturday, Sept. 28 at Michael's Catering & Banquets, 4885 Southwestern Blvd., beginning at 5:30 p.m. The cost is \$35 for adults; \$20 for children 12 and under. Tickets are available at Lockwood's Greenhouse and J.P. Fitzgerald's beginning Sept. 1.

Sports Legends

William McClelland, Class of 1936

3-sport athlete who excelled in a football, basketball and track

Lyneve Lauria, Class of 1994

Star athlete on women's basketball and soccer teams

Danielle Hover, Class of 2007

Section VI Gymnastic Champion

Casey Derkacz, Class of 2007

Top athlete who excelled in soccer, lacrosse, tennis & swimming

Will Cole, Class of 2009

2-time, 400 Meter Hurdles State Champion

Joe Whelan, Class of 2009

2008 Cross Country State Champion

Team of Distinction

1976 Section VI - Division II Championship Football Team

Distinguished Educators

Charles Teague

Taught American History, International Relations and AP US History; Student Council advisor

Jim Cleveland

Middle & High School health teacher/EMS educator; EMT instructor at ECC

Distinguished Alumni

Richard Aquila, Class of 1964

Professor of history and author of 7 books; hosted weekly broadcast on NPR

Robert Fleming, Class of 1968

Listed Best Lawyers in America 2018 and 2019 Antitrust and Corporate Law

Joan Calkins, M.D., Class of 1971

The only private practicing pediatric rheumatologist in the country

Doug Smith, Class of 1976

Vice President of Sales North America for Labatt USA

Beth (Osborne) Moses, Class of 1984

Trauma Injury Prevention and Education Coordinator ECMC; First Aid Chief, Hamburg Volunteer Fire Dept.

See the Foundation website at www.hamburgalumnifoundation.com for additional information.

Senior citizen "gold card" provides free admission

Hamburg Central offers "gold cards" that entitle district residents age 60 and older to free admission to school events. The card provides complimentary admission to school plays, musicals, concerts and home sports events.

Once the card is issued, it is valid indefinitely. Senior district residents may obtain a card by calling the Community Relations Office at 646-3200, ext. 7212.

Board's student rep conveys good news from High School

Olivia Novack has a lot of good news to share about the accomplishments and impacts that Hamburg High School students are making. As the 2019-20 student representative on the Hamburg School Board, she's poised to do just that.

A senior and President of Student Government, Olivia officially started her service as the board's non-voting student rep over the summer. She used the opportunity to bring the board up to speed on plans for September's homecoming and Spirit Week. During the school year, Student Government will also spearhead Career Exploration Day, a school project and community project.

"We are here to help whenever anyone needs it," Olivia said of the organization. Her personal goal as head of the student group is for better communication between classes, clubs and officers.

This is her fourth year involved with Student Government. She first served as freshman class Vice President and subsequently as Recording Secretary, then Vice President, before her current role. She is also a member of the Academy of Finance and the Dignity for All Students Act team,

which shares strategies with elementary students on how to cope with certain situations. She is a member of the Foreign Language Honor Society and Spanish Club, broadening her perspective on different cultures and world events.

"These positions have prepared me for the Board of Education because I have experience with several different situations, people, issues, activities and more," she said. "This helps me contribute to the board and different things going on throughout the dis-



O. Novack

trict."

From her vantage point, she sees hard working, talented students who are focused on schoolwork, activities and planning for their futures. But she sometimes wishes her peers would pause and reflect on their accomplishments.

"We are always striving to be the best we can be, but don't stop to think how great we are actually doing. As High School students, we don't give ourselves enough credit."

Olivia said the best thing about being a student at Hamburg is the support network that surrounds students.

"Everyone is always supported in their decisions and guided throughout their High School experience. The adults in the building are also very approachable, which makes it easy to talk to them."



GRATEFUL FOR ALUMNI FOUNDATION — The Hamburg Central School Board in July expressed appreciation to the Hamburg Alumni Foundation for its long-standing support of the schools through grants and scholarships, including a recent donation toward the district's inclusive playground initiative. In making the presentation, Superintendent Michael Cornell, *right*, said the Foundation has raised hundreds of thousands of dollars from the community to benefit students and staff. Accepting the honor were Foundation President Keith Fisher and Patricia (Patti) Brunner Collins, a Foundation Director.

Chefs (Continued from page one)

games, door prizes and vendors.

The student teams will work with professional chefs from four Hamburg restaurants: Alchemy, Butera's, Craft and Cork Gastropub and The Grange Community Kitchen. Students prepped over the summer by touring the restaurants, meeting with the chefs and learning some of the skills and tricks of the trade.

This Jr. Chef Challenge is in line with the Hamburg F2S Team's Value Statement. Hamburg is committed to serving more New York State-sourced foods throughout the school year in the school lunch program. F2S events, such as this, raise awareness of this commitment by making cafeteria-classroom-community connections.

Hamburg Central

PTSA®



#Celebrating90Years

For your \$8 membership, visit
<https://hamburgptsa.memberhub.store>

**CHANGE TODAY
EMBRACE
TOMORROW**

Join Now!
NEW YORK STATE PTA

Hamburg High School presents



Disney's "Beauty & the Beast"

Join us for an enchanting evening of "Beauty and the Beast," one of Broadway's most beloved musicals. Full of spectacular costumes, scenery and memorable music, you won't want to miss the exciting performances of family musical theatre at its finest!

If you would like to be a patron of the production, please fill out the form below with your name as you would like it to appear in the program. All patron/mail orders must be received by Tuesday, Oct. 1.

Tickets are also available in the High School front foyer on the following dates from 3-6 p.m.: Oct. 1-3, Oct. 8-10 & Oct. 15-16. These are the only dates/times the box office will be open. Phone orders are not accepted.

On performance dates (Oct. 17-19) tickets will only be sold at the door, beginning at 6 p.m. Tickets will **not** be sold from 3-6 p.m. on show dates. All seats are reserved. Please note that all tickets (adults & students) are \$10. District senior citizens with a Hamburg Schools gold card are entitled to one complimentary ticket per card.

Thursday, Oct. 17 at 7:30 p.m.
Friday, Oct. 18 at 7:30 p.m.
Saturday, Oct. 19 at 7:30 p.m.

High School auditorium
4111 Legion Dr.

Name/Business _____ Street _____
Town _____ Zip _____ Phone _____ Email _____

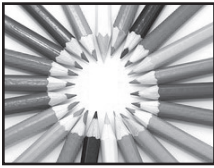
	Oct. 17	Oct. 18	Oct. 19
Gold patron \$85 <i>includes 4 tickets</i>			
Silver patron \$60 <i>includes 3 tickets</i>			
Bronze patron \$40 <i>includes 2 tickets</i>			
Tickets @ \$10 each <i>(adults & students)</i>			

Total # tickets: _____

Total \$ enclosed: _____

Make checks payable to:
Hamburg HS Musical Fund
Mail to: Norman Zogaib
Hamburg High School
4111 Legion Dr.
Hamburg, NY 14075

Ticket mail order and patron order deadline: Oct. 1.



September/October Calendar

Check hamburgschools.org
for the most up-to-date information.

Monday, Sept. 2

Labor Day holiday

Tuesday, Sept. 3

Superintendent Conference Day

Wednesday, Sept. 4

First day of classes for students Grades 1-12

Kindergarten orientation - no transportation

PreK screening

Thursday, Sept. 5

Kindergarten classes begin w/ transportation

High School picture day

PreK screening

Friday, Sept. 6

High School picture day

PreK screening

Charlotte Avenue Elementary Parent

Information Night:

Grade 4 — 4:45 p.m.

Grade 5 — 5:15 p.m.

Armor Elementary back-to-school social — 5:30 p.m.

Charlotte Avenue Elementary back-to-school picnic — 5:30 p.m.

Saturday, Sept. 7

Bottle/can drive for athletics — 8:30-10:30 a.m., High School

Monday, Sept. 9

PreK screening

Boston Valley Elementary back-to-school barbeque — 5:30 p.m.

Charlotte Avenue Elementary Parent Information Night Grades K-3 — 5:30 p.m.

Union Pleasant Elementary Parent Information Night Grades K-2 — 6:30 p.m.

Tuesday, Sept. 10

PreK first day of attendance

Middle School picture day

PreK parent meetings:

AM class — 9:15 a.m.

PM class — 12:45 p.m.

Boston Valley Elementary PTSA — 3:15 p.m.

School Board — 6:30 p.m., Administration Building

Wednesday, Sept. 11

PreK bus transportation begins

Middle School open house — 6:30 p.m.

Thursday Sept. 12

Union Pleasant Elementary PTSA welcome back social — 5 p.m.

High School open house — 6:30 p.m.

Friday, Sept. 13

High School new student breakfast — 7:30 a.m.

Saturday, Sept. 14

ACT exam — 8 a.m., High School

Monday, Sept. 16

Union Pleasant Elementary picture day

Wednesday, Sept. 18

District student/family flu immunizations

— 4-6 p.m., Middle School cafeteria

Armor Elementary Parent Information

Night:

Kindergarten — 6 p.m.

Grade 1 — 6:30 p.m.

Grade 2 — 7 p.m.

Charlotte Avenue Elementary PTSA — 7 p.m.

Thursday, Sept. 19

Armor Elementary Parent Information

Night:

Grade 3 — 6 p.m.

Grade 4 — 6:30 p.m.

Grade 5 — 7 p.m.

Friday, Sept. 20

Homecoming parade — 6 p.m.; football game — 7 p.m., Howe Field

Saturday, Sept. 21

Homecoming dance — 8 p.m., High School

Monday, Sept. 23

HC PTSA — 6:30 p.m., High School

High School PTSA — 7:30 p.m.

Tuesday, Sept. 24

Boston Valley Elementary open house

Grades K-2 — 6 p.m.

Middle School PTSA — 6:30 p.m.

Wednesday, Sept. 25

Charlotte Avenue Elementary picture day

Armor Elementary PTSA — 7 p.m.

Thursday, Sept. 26

Boston Valley Elementary open house

Grades 3-5 — 6 p.m.

Friday, Sept. 27

Armor Elementary picture day

Boston Valley Elementary picture day

Saturday, Sept. 28

Hamburg Alumni Foundation Wall of Fame Induction — 5:30 p.m., Michael's Catering & Banquets

Tuesday, Oct. 1

Boston Valley Elementary PTSA — 3:15 p.m.

Thursday, Oct. 3

PreK Parent Information Night:

AM class — 5:30 p.m.

PM class — 6:30 p.m.

Friday, Oct. 4

Emergency drill — dismissal 15 minutes early

Jr. Chef Challenge — 4:30 p.m., Middle School

Saturday, Oct. 5

Bottle/can drive for athletics — 8:30-10:30 a.m., High School

Sunday, Oct. 6

Bulldog Dash 2019 — 9:30 a.m., Howe Field

Tuesday, Oct. 8

School Board — 6:30 p.m., Boston Valley Elementary

Friday, Oct. 11

Superintendent Conference Day

No student attendance

Monday, Oct. 14

Columbus Day holiday/School closed

Tuesday, Oct. 15

Boston Valley Elementary Fall Festival — 3:30 p.m.

Wednesday, Oct. 16

Charlotte Avenue Elementary PTSA — 7 p.m.

Thursday, Oct. 17

Musical "Beauty & the Beast" — 7:30 p.m., High School

Friday, Oct. 18

Musical "Beauty & the Beast" — 7:30 p.m., High School

Saturday, Oct. 19

PSAT exam — 8 a.m., High School

Musical "Beauty & the Beast" — 7:30 p.m., High School

Monday, Oct. 21

Boston Valley Elementary book fair begins

Tuesday, Oct. 22

Union Pleasant Elementary picture retakes

Wednesday, Oct. 23

Armor Elementary PTSA — 7 p.m.

Thursday, Oct. 24

PreK picture day

Boston Valley Elementary Halloween celebration — 6:30 p.m.

Union Pleasant Elementary PTSA — 6:30 p.m.

Friday, Oct. 25

Middle School picture retakes

Saturday, Oct. 26

ACT exam — 8 a.m., High School

Thursday, Oct. 31

Armor Elementary Halloween parade — 2 p.m.

Free & reduced price school meals



Hamburg Central School District
Food and Nutrition Services
360 Division St
Hamburg, NY 14075
716-646-3250 ext. 5005
www.HamburgChildNutrition.com



Dear Parent/Guardian:

Children need healthy meals to learn. **Hamburg Central Schools** offer healthy breakfasts and lunches every school day! Full price meals: **Elementary** breakfast-\$1.75, lunch-\$2.35; **Middle School** breakfast-\$2.00, lunch-\$2.60; **High School** breakfast-\$2.00, lunch-\$2.85. Your children may qualify for free meals or for reduced price meals. *****Beginning July 1, 2019, students in New York State that are approved for reduced price meals will receive breakfast and lunch meals at no charge.**

Each new school year an application needs to be filled out and returned by the end of September. June's eligibility carries forward into the new school year; however, we must receive a new application by October 1st to ensure processing before the grace period expires. Failure to do so will revert students to full price. **Please return the application or submit an electronic application online at MySchoolApps.com as soon as possible. Refer to the Application Fact Sheet on our website, www.HamburgChildNutrition.com, or call Anne Rich at 716-646-3250 ext. 5005 for assistance in filling out the application.**

Results from the application/direct certification process are tabulated and used to determine District funding for other student programs. In order to maximize funding for the students of Hamburg, we must maximize the number of family applications. Applications and their outcomes are kept confidential. Parents need to return a signed consent form for individual eligibility status to be shared. Consent forms are available on the Food Service page of the District Website.

1. DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No. Complete the application to apply for free or reduced price meals. *Use one Free and Reduced Price School Meals Application for all students in your household.* We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to: to Hamburg Food and Nutrition Services, 360 Division St., Hamburg 14075 or file electronically at MySchoolApps.com
2. WHO CAN GET FREE MEALS? All children in households receiving benefits from **SNAP, the Food Distribution Program on Indian Reservations** or **TANF**, can get free meals regardless of your income. Categorical eligibility for free meal benefits is extended to all children in a household when the application lists an Assistance Program's case number for any household member. Also, your children can get free meals if your household's gross income is within the free limits on the Federal Income Eligibility Guidelines. Households with children who are categorically eligible through an Other Source Categorically Eligible designation, as defined by law, may be eligible for free benefits and should contact the SFA for assistance in receiving benefits.
3. CAN FOSTER CHILDREN GET FREE MEALS? Yes, foster children that are under the legal responsibility of a foster care agency or court, are eligible for free meals. Any foster child in the household is eligible for free meals regardless of income. Foster children may also be included as a member of the foster family if the foster family chooses to also apply for benefits for other children. Including children in foster care as household members may help other children in the household qualify for benefits. If non-foster children in a foster family are not eligible for free or reduced price meal benefits, an eligible foster child will still receive free benefits.
4. CAN HOMELESS, RUNAWAY, AND MIGRANT CHILDREN GET FREE MEALS? Yes, children who meet the definition of homeless, runaway, or migrant qualify for free meals. If you haven't been told your children will get free meals, please call or e-mail Colleen Kaney, Asst. Supt. of Student Services, at 646-3200 ext. 7210; ckaney@hamburgschools.org to see if they qualify.
5. WHO CAN GET REDUCED PRICE MEALS? Your children may be approved as reduced price eligible if your household income is within the reduced-price limits on the Federal Eligibility Income Chart, shown on this letter. **Beginning July 1, 2019, students in New York State that are approved for reduced price meals will receive breakfast and lunch meals at no charge. (But you MUST apply)**
6. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE APPROVED FOR FREE MEALS? Please read the letter you got carefully and follow the instructions. Call the food Service office at 716-646-3250 ext. 5005 with questions.
7. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT ANOTHER ONE? Yes. Your child's application is only good for that school year and for up to the first 30 operating days of this school year. You must send in a new application unless the school notified you that your child is directly certified for free meals before school starts.
8. I GET WIC. CAN MY CHILD(REN) GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced price meals. Please fill out a FREE/REDUCED PRICE MEAL application.
9. WILL THE INFORMATION I GIVE BE CHECKED? Yes and we may also ask you to send written proof.
10. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.
11. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should call the Food Service Director first. If needed, you also may ask for a hearing by calling or writing to: Barbara Sporyz, Asst. Supt. of Admin Services & Finances, 5305 Abbott Rd, Hamburg, NY 14075; 716-646-3200 ext. 7214.
12. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes. You or your child(ren) do not have to be U.S. citizens to qualify for free or reduced price meals.
13. WHO SHOULD I INCLUDE AS MEMBERS OF MY HOUSEHOLD? You must include all people living in your household, related or not (such as grandparents, other relatives, or friends) who share income and expenses. You must include yourself and all children living with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children, and who pay a pro-rated share of expenses), do not include them.
14. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
15. WE ARE IN THE MILITARY. DO WE INCLUDE OUR HOUSING ALLOWANCE AS INCOME? If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.

16. MY SPOUSE IS DEPLOYED TO A COMBAT ZONE. IS HER COMBAT PAY COUNTED AS INCOME? No, if the combat pay is received in addition to her basic pay because of her deployment and it wasn't received before she was deployed, combat pay is not counted as income. Contact your school for more information.
17. MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find out how to apply for **SNAP** or other assistance benefits, contact your local assistance office or call **1-800-342-3009**.

2019-2020 INCOME ELIGIBILITY GUIDELINES FOR FREE AND REDUCED PRICE MEALS
REDUCED PRICE ELIGIBILITY INCOME CHART

Total Family Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	\$ 23,107	\$ 1,926	\$ 963	\$ 889	\$ 445
2	\$ 31,284	\$ 2,607	\$ 1,304	\$ 1,204	\$ 602
3	\$ 39,461	\$ 3,289	\$ 1,645	\$ 1,518	\$ 759
4	\$ 47,638	\$ 3,970	\$ 1,985	\$ 1,833	\$ 917
5	\$ 55,815	\$ 4,652	\$ 2,326	\$ 2,147	\$ 1,074
6	\$ 63,992	\$ 5,333	\$ 2,667	\$ 2,462	\$ 1,231
7	\$ 72,169	\$ 6,015	\$ 3,008	\$ 2,776	\$ 1,388
8	\$ 80,346	\$ 6,696	\$ 3,348	\$ 3,091	\$ 1,546
*Each Add'l person add	\$ 8,177	\$ 682	\$ 341	\$ 315	\$ 158

How to Apply: To get free or reduced price meals for your children carefully complete one application following the instructions for your household and return it to the designated office listed on the application. If you now receive SNAP, Temporary Assistance to Needy Families (TANF) for any children or participate in the Food Distribution Program on Indian Reservations (FDPIR), the application must include the children's names, the household SNAP, TANF or FDPIR case number and the signature of an adult household member. All children should be listed on the same application. If you do not list a SNAP, TANF or FDPIR case number for any household member, the application must include the names of everyone in the household, the amount of income each household member, and how often it is received and where it comes from. It must include the signature of an adult household member and the last four digits of that adult's social security number, or check the box if the adult does not have a social security number. **An application for free and reduced price benefits cannot be approved unless complete eligibility information is submitted, as indicated on the application and in the instructions.** Contact your local Department of Social Services for your SNAP or TANF case number or complete the income portion of the application. No application is necessary if the household was notified by the SFA their children have been directly certified. If the household is not sure if their children have been directly certified, the household should contact the school.

Reporting Changes: The benefits that you are approved for at the time of application are effective for the entire school year and up to 30 operating days into the new school year (or until a new eligibility determination is made, whichever comes first). You no longer need to report changes for an increase in income or decrease in household size, or if you no longer receive SNAP.

Income Exclusions: The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care Development (Block Grant) Fund should not be considered as income for this program.

Reduced Price Eligible Students: Beginning July 1, 2019, students in New York State that are approved for reduced price meals will receive breakfast and lunch meals at no charge.

In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age or disability

Meal Service to Children With Disabilities: Federal regulations require schools and institutions to serve meals at no extra charge to children with a disability which may restrict their diet. A student with a disability is defined in 7CFR Part 15b.3 of Federal regulations, as one who has a physical or mental impairment which substantially limits one or more major life activities of such individual, a record of such an impairment or being regarded as having such an impairment. Major life activities include but are not limited to: functions such as caring for one's self, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating, and working. You must request meal modifications from the school and provide the school with medical statement from a State licensed healthcare professional. If you believe your child needs substitutions because of a disability, please get in touch with us for further information, as there is specific information that the medical statement must contain.

Confidentiality: The United States Department of Agriculture has approved the release of students names and eligibility status, without parent/guardian consent, to persons directly connected with the administration or enforcement of federal education programs such as Title I and the National Assessment of Educational Progress (NAEP), which are United States Department of Education programs used to determine areas such as the allocation of funds to schools, to evaluate socioeconomic status of the school's attendance area, and to assess educational progress. Information may also be released to State health or State education programs administered by the State agency or local education agency, provided the State or local education agency administers the program, and federal State or local nutrition programs similar to the National School Lunch Program. Additionally, all information contained in the free and reduced price application may be released to persons directly connected with the administration or enforcement of programs authorized under the National School Lunch Act (NSLA) or Child Nutrition Act (CNA); including the National School Lunch and School Breakfast Programs, the Special Milk Program, the Child and Adult Care Food Program, Summer Food Service Program and the Special Supplemental Nutrition Program for Women Infants and Children (WIC); the Comptroller General of the United States for audit purposes, and federal, State or local law enforcement officials investigating alleged violation of the programs under the NSLA or CNA.

Reapplication: You may apply for benefits any time during the school year. Also, if you are not eligible now, but during the school year become unemployed, have a decrease in household income, or an increase in family size you may request and complete an application at that time.

The disclosure of eligibility information not specifically authorized by the NSLA requires a written consent statement from the parent/guardian. We will let you know when your application is approved or denied.

Sincerely,
 Anne Rich, Director
 Food & Nutrition Services
 Hamburg Central Schools
 360 Division St., Hamburg, NY 14075
 phone: 716-646-3250, ext. 5005

Nondiscrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Ave. SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.

2019-2020 Family Application for Free and Reduced Price School Meals

To apply for free and reduced price meals for your children, read the instructions on the back, **complete only one form per household, sign your name and return it to the address listed below. If you prefer, you can submit an electronic application by visiting MySchoolApps.com from any internet ready device.** Please call 646-3250 ext. 5005 if you need help with this application or have any questions about our Child Nutrition program. Additional names may be listed on a separate Paper.

Return Completed Applications to: **Hamburg Food & Nutrition Services**
360 Division St
Hamburg, NY 14075

1. List all children in your household who attend school:

Student Name	School	Grade/Teacher	Foster Child	Homeless Migrant, Runaway
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>

2. SNAP/TANF/FDPIR Benefits:

If anyone in your household receives either SNAP, TANF or FDPIR benefits, list their name and CASE # here. **Skip to Part 4, and sign the application.**

Name: _____ CASE #: _____

3. Report all income for ALL Household Members (Skip this step if you answered 'yes' to step 2)

All Household Members (including yourself and all children that have income).

List all Household members not listed in Step 1 (including yourself) **even if they do not receive income.** For each Household Member listed, if they do receive income, report total income for each source in whole dollars only. If they do not receive income from any other source, write '0'. If you enter '0' or leave any fields blank, you are certifying (promising) that there is no income to report.

Name of household member	Earnings from work before deductions <i>Amount / How Often</i>	Child Support, Alimony <i>Amount / How Often</i>	Pensions, Retirement Payments <i>Amount / How Often</i>	Other Income, Social Security <i>Amount / How Often</i>	No Income
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>

Total Household Members (Children and Adults)

□ □

*Last Four Digits of Social Security Number: XXX-XX-__ __ __ __

I do not have a SS#

*When completing section 3, an adult household member must provide the last four digits of their Social Security Number (SS#), or mark the "I do not have a SS# box" before the application can be approved.

4. Signature: An adult household member must sign this application before it can be approved.

I certify (promise) that all the information on this application is true and that all income is reported. I understand that the information is being given so the school will get federal funds; the school officials may verify the information and if I purposely give false information, I may be prosecuted under applicable State and federal laws, and my children may lose meal benefits.

Signature: _____ Date: _____

Email Address: _____

Home Phone: _____ Work Phone: _____ Home Address: _____

5. Ethnicity and Race are optional; responding to this section does not affect your children's eligibility for free or reduced price meals.

Ethnicity: Hispanic or Latino Not Hispanic or Latino

Race (Check one or more) : American Indian or Alaskan Native Asian Black or African American Native Hawaiian or Other Pacific Island White

DO NOT WRITE BELOW THIS LINE – FOR SCHOOL USE ONLY

Annual Income Conversion (Only convert when multiple income frequencies are reported on application)
 Weekly X 52; Every Two Weeks (bi-weekly) X 26; Twice Per Month X 24; Monthly X 12

SNAP/TANF/Foster

Income Household: Total Household Income/How Often: _____ / _____ Household Size: _____

Free Meals Reduced Price Meals Denied/Paid

Signature of Reviewing Official _____ Date Notice Sent: _____

APPLICATION INSTRUCTIONS

To apply for free and reduced price meals, complete only one application for your household using the instructions below. **Sign the application and return the application to: Hamburg Food & Nutrition Services, 360 Division St, Hamburg, NY 14075**

If you have a foster child in your household, you may include them on your application. A separate application is not needed. Call Anne Rich at 646-3250 x 5005 if you need help. Ensure that all information requested is provided. Failure to do so may result in denial of benefits for your child or unnecessary delay in approving your application.

PART 1 ALL HOUSEHOLDS MUST COMPLETE STUDENT INFORMATION. DO NOT FILL OUT MORE THAN ONE APPLICATION FOR YOUR HOUSEHOLD.

- (1) Print the names of the children, including foster children, for whom you are applying on one application.
- (2) List their grade and school.
- (3) Check the box to indicate a foster child living in your household, or if you believe any child meets the description for homeless, migrant, runaway (a school staff will confirm this eligibility).

PART 2 HOUSEHOLDS GETTING SNAP, TANF OR FDPIR SHOULD COMPLETE PART 2 AND SIGN PART 4.

- (1) List a current SNAP, TANF or FDPIR (Food Distribution Program on Indian Reservations) case number of anyone living in your household. The case number is provided on your benefit letter.
- (2) An adult household member must sign the application in PART 4. SKIP PART 3. Do not list names of household members or income if you list a SNAP case number, TANF or FDPIR number.

PART 3 ALL OTHER HOUSEHOLDS MUST COMPLETE THESE PARTS AND ALL OF PART 4.

- (1) Write the names of everyone in your household, whether or not they get income. Include yourself, the children you are applying for, all other children, your spouse, grandparents, and other related and unrelated people in your household. Use another piece of paper if you need more space.
- (2) Write the amount of current income each household member receives, before taxes or anything else is taken out, and indicate where it came from, such as earnings, welfare, pensions and other income. If the current income was more or less than usual, write that person's usual income. **Specify how often this income amount is received: weekly, every other week (bi-weekly), 2 x per month, monthly. If no income, check the box.** The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care and Development Block Grant, TANF and At Risk Child Care Programs should **not** be considered as income for this program.
- (3) Enter the total number of household members in the box provided. This number should include all adults and children in the household and should reflect the members listed in PART 1 and PART 3.
- (4) The application must include the last four digits only of the social security number of the adult who signs **PART 4** if Part 3 is completed. If the adult does not have a social security number, check the box. **If you listed a SNAP, TANF or FDPIR number, a social security number is not needed.**
- (5) An adult household member must sign the application in PART 4.

OTHER BENEFITS: Your child may be eligible for benefits such as Medicaid or Children's Health Insurance Program (CHIP). To determine if your child is eligible, program officials need information from your free and reduced price meal application. Your written consent is required before any information may be released. Please refer to the attached parent Disclosure Letter and Consent Statement for information about other benefits.

USE OF INFORMATION STATEMENT

Use of Information Statement: The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not submit all needed information, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the primary wage earner or other adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs.

We may share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

DISCRIMINATION COMPLAINTS

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.



Hamburg Bulldogs Booster Club

2019-20

Join the Hamburg Bulldogs Booster Club

Mission: To support, encourage, and enhance all Hamburg Central School District athletic teams through membership, volunteering and fundraising.

2019-20 Annual Membership Application

Name: _____

E-mail: _____

Address: _____

Town: _____

Zip code: _____

Choose a Member Support Level:

- ____ **“Modified”**: \$10 (includes a Booster Club car magnet)
- ____ **“J.V.”**: \$25 includes a Booster Club car magnet & five (5) football/basketball admission tickets)
- ____ **“Varsity”**: \$50 (includes a Booster Club Car magnet & Ten (10) football/basketball admission tickets)
- ____ Check if interested in volunteer opportunities

You can also join/renew membership

online at

www.bulldogsbooster.com

- Visit www.bulldogsbooster.com to see accomplishments, what’s next and how you can help!
- Follow us on Twitter & Like us on Facebook!
- Volunteer opportunities include varsity football games, various events where Booster Club can be promoted & The Dog House concessions at Howe Field.
- **Mail memberships to:**
Hamburg Bulldogs Booster Club, Inc.
PO Box 87
Hamburg NY 14075

www.bulldogsbooster.com

**Thank You for Supporting Athletics at
Hamburg Central Schools!**

****The Hamburg Bulldogs Booster Club, Inc. is a designated United Way charity. Remember us when you pledge. Our United Way # is 5787****



Administration Building
5305 Abbott Rd.
Hamburg, N.Y. 14075

Published by the Board of Education
Thomas F. Flynn III, Board President
Michael Cornell, Superintendent

Michele Darstein, Editor

Armor Elementary 646-3350
Boston Valley Elementary..... 646-3240
Charlotte Avenue Elementary 646-3370
Union Pleasant Elementary..... 646-3280
Hamburg Middle School..... 646-3250
Hamburg High School 646-3300
General Information..... 646-3200

hamburgschools.org

Nonprofit Organization
U.S. Postage Paid
Buffalo, NY
Permit No. 1002

Hamburg Central School District Initial Notification

Pursuant to Section 409-H of State Education Law

New York State Education Law Section 409-H, effective July 1, 2001, requires all public and nonpublic schools to provide written notification to all persons in parental relation to a student, and all faculty and staff regarding the potential use of pesticides periodically throughout the school year.

If you desire, we will place your name on a list of individuals who will receive 48-hour prior notification of a pesticide application. Any person in parental relation to a student or any staff member who wishes to be added to the list of persons who want to receive 48-hour written notification should contact the Buildings and Grounds Office at 5305 Abbott Rd., Hamburg, NY, 14075, c/o Neighbor Notification Law. If you would like to receive 48-hour prior notification of pesticide applications scheduled to occur in your school, please complete the form below and return it to the above address.

If you have any questions regarding this matter, please contact Buildings and Grounds Supervisor Stephen Bykowicz at 646-3200, ext. 7230.

Additional information may be obtained on pesticide products by calling the National Pesticide Telecommunications Network information phone number, 1-800-858-7378, or the New York State Department of Health Center for Environmental Health information line at 1-800-458-1158.

Hamburg Central School District Request for Pesticide Application Notification (Please print)

_____ **School Building**

(Fill in appropriate school)

Name:

Address:

Day Phone:

Evening Phone:

E-Mail Address:



Facilities work

(Continued from page one)

Union Pleasant Elementary

Painted and installed new safety cushion wall padding in the Union St. gym (photo #2)

Painted Pleasant Ave. gym

Armor Elementary

Repainted canopy

Additionally

Replaced Howe Field perimeter fence
Replaced stage curtains in all elementary auditoriums

Installed energy efficient LED exterior lighting districtwide

THE BULLDOG DASH

In Celebration of Conor Long

5k Fun Run/Walk

Sun., Oct. 6, 2019 • 9:30 AM

Hamburg High School

4111 Legion Drive • Hamburg, NY



ENTRY FEE: (pre-registered by 10.5.19 online or by mail)

Age 10 & under: \$10 • Student: \$20.00 • Non-Student: \$25

DAY OF RACE: \$15 AGE 10 & UNDER • \$25 Student • \$30 Non-Student

Credit card entry available online:
www.score-this.com/all-running

CHECKS PAYABLE TO:
SCORE THIS!!! INC.
15 Ranch Trail Ct.
Orchard Park, NY 14127

T-shirt included if ordered by 9.15.19

AWARDS

The top male and female finishers as well as the top three male and female finishers in each of the following age groups will receive awards.

11-14	15-19	20-29
30-39	40-49	50-59
60 & Over		



Timing by WNY Finish Line

Proceeds Benefit:



**RACE DAY REGISTRATION/
RACE PACKET PICK UP
at Concession Stand/Howe Field**

- Saturday, October 5th • 10 am - 2 pm
- Sunday, October 6th • 8 am - 9 am

Bring your Bulldog attitude, however NO PETS, please!

Links to registration will be on our running calendar at: www.score-this.com/all-running



NAME _____ Gender: _____ AGE _____

E-MAIL ADDRESS _____ PHONE (_____) _____

_____ Student \$20 _____ Non-student \$25 _____ 10 & under \$10

Circle your shirt size: Adult S M L XL XXL

Youth S M L XL

Official use only:

RACE NUMBER



T-shirt included if ordered by 9.15.19

In consideration of my entry being accepted, I, intending to be legally bound, do hereby waive, release and forever discharge any and all rights and claims for damage which hereafter occur to me against Unyts, Hamburg Bulldogs Booster Club, the Village of Hamburg, Hamburg Central School District, or its members, officers, representatives, successors, event organizers, and/or assigns for any injury or damages which may be sustained as a result of my participation in this event or arising out of traveling to or from this event. I certify that I am in good health and able to participate in this event. I understand that my entry fee is non-refundable. I understand that water is available, but not on the course.

Signature _____ Date _____

Parent Signature if runner is under 18 _____ (Kids under 12 must be accompanied by an adult)

THE BULLDOG DASH

In Celebration of Conor Long

5k Fun Run/Walk

Sun., Oct. 6, 2019 • 9:30 AM

Hamburg High School
4111 Legion Drive • Hamburg, NY



SPONSOR FORM

Sponsorship Level:	Platinum \$1,000	Gold \$500	Silver \$250	Bronze \$100
Name on HSA and Booster Websites and Social Media				
Name on Race Day Brochure				
Name on Race T-shirt				
Listed on Race Day Banner				

For more information visit us online at www.BulldogsBooster.com
or email us with questions at hamburgbulldogsbooster@gmail.com



You can be an important part of this great community event!

Please fill out the Sponsorship Enrollment Form below **by September 15th** and return to:
Hamburg Bulldogs Booster Club, Inc • P.O. Box 87, Hamburg, New York 14075

Credit Card payment also available at: www.BulldogsBooster.com

***Checks should be made out to HAMBURG BULLDOGS BOOSTER CLUB.**

Company Name: _____ Contact Name: _____

Address: _____

Phone #: _____ Email: _____

I/We would like to sponsor this event: _____ **Platinum \$1000** _____ **Gold \$500** _____ **Silver \$250** _____ **Bronze \$100**



CONTINUING EDUCATION FALL 2019

IMPORTANT NOTES:

- Registration and payment with the Continuing Education Office are required BEFORE you will be permitted in class. Instructors will not accept course payment or registrations. They will accept lab fees ONLY, where noted. Please adhere to registration deadlines.
- You **will NOT be notified** if you have successfully registered.
- You **will be notified** if you have been closed out or if a course is cancelled. In these instances, you will receive a refund.
- We accept payment by check or cash. A credit card can be used with online registration ONLY. No phone registrations will be accepted.
- Students of Continuing Education must be at least 21 years old.
- Registration is required for all classes, *even those that are free.*
- If you are **60 years of age or older**, you are entitled to a senior discount, where noted.
- Classes will not run if Hamburg Central School District's day or evening activities are cancelled due to inclement weather. In the event of such closing, you should attend the next scheduled class. In the case of single classes, you will be notified of a rescheduled date.
- **Once class begins, there are no refunds except for verified medical conditions.**

ENTERING OUR SCHOOLS

As part of the district's ongoing security enhancements, only certain exterior school doors will be unlocked for Continuing Ed. participants to gain entry to evening/ weekend classes. At the four elementary schools, entry is through the main doors. At the Middle School, entry is on the parking lot side of the building, through door #14 near the cafeteria. At the High School, entry is through door #30 (gym door) off the Legion Drive parking lot. Thank you for your cooperation.

REGISTRATION

We encourage you to register by mail or online for our classes. There are also 24-hour secure drop slots in the front doors of the Administration Building in which registrations can be placed at any time. If you wish to enter the Administration Building to register in-person, please be aware that all visitors are required to show government-issued photo ID before being permitted inside.

MAIL REGISTRATION FORMS & CHECKS TO:

Hamburg Central Schools Administration Bldg.
Continuing Ed. Office
5305 Abbott Rd. Hamburg, NY 14075

Please make checks payable to: Hamburg Continuing Ed.

REGISTER ONLINE:

Go to hamburgschools.org -> Community -> Continuing Education. Click on the link to create an account to register online or use your existing account. You can use your credit card with online registration. Please note: If you register online, there is a processing fee. This fee is non-refundable, even if the class is cancelled or you withdraw.

Please register early, as some classes fill quickly or may be cancelled if there is insufficient registration.

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ONLINE REGISTRATION IS NOW OPEN!

To register online, please go to hamburgschools.org
Community tab -> Continuing Education
There you will be able to click on the registration link and create an account.

You can pay with a credit card through online registration.
Please note: If you register online there is a non-refundable processing fee.

ARTS & CRAFTS



PAINTING & DRAWING WORKSHOP (A1)

Vicki Warhol

Unleash your artistic potential! This workshop is for artists with basic understanding of watercolor, acrylics, oils, colored pencil or sketching. Enjoy painting subjects of your choice in the company of other painters. Learn new techniques and ideas. Please bring the supplies you want to work with in class: paintbrushes, pencils, pens, paints, sketchbook, etc.

Hamburg High School, Room 132
Dates: Wednesdays, Oct. 2 - Nov. 20
Time: 6:30 - 9 pm
Cost: \$50 Seniors: \$30
Registration deadline: Sept. 25

BUSINESS, FINANCE & LAW

SOCIAL SECURITY PLANNING FOR WOMEN (B1)

Elizabeth Evanisko

Participants will learn how women can maximize their retirement benefits. The class will explore different situations, including survivor benefits if a husband or ex-husband dies; divorced-spouse benefits; and what Social Security planning should be considered remarrying. Married individuals will learn how to best coordinate retirement benefits with their spouse.

Hamburg High School, Room 121
Date: Wednesday, Oct. 16
Time: 6 - 7:30 pm
Cost: Free

Registration deadline: Oct. 9



NYS RETIREMENT SYSTEM OPTIONS (B2)

Elizabeth Evanisko

Participants will be provided an explanation of retirement benefits including eligibility and term, retirement benefit payout options, and the pros and cons of each. Options for other benefits, such as Social Security, IRA and insurance, will be explored and how those can be used to maximize a pension.

Hamburg High School, Room 121
Date: Wednesday, Oct. 30
Time: 6 - 7:30 pm
Cost: Free

Registration deadline: Oct. 23



SAVVY IRA PLANNING (B3)

Elizabeth Evanisko

At this workshop, participants will learn 7 strategies for IRA planning, 6 rollover options for retirement plan funds and 3 common required minimum distribution mistakes. The class will also explore how to coordinate IRA planning with overall retirement, estate, tax and Social Security plans.

Hamburg High School, Room 121
Date: Monday, Nov. 18
Time: 6 - 7:30 pm
Cost: Free

Registration deadline: Nov. 11



BUSINESS, FINANCE & LAW (CONT.)

NOTARY PUBLIC TRAINING COURSE (B4)

Notary Public Central

The objective of this course is to educate individuals with legal terminology, and concepts and clauses contained in the framework of the NYS notary booklet. The cost includes study guide, notary fact sheet, practical exam, sample forms, notary public application and NYS exam schedule. Students are required to bring pen and highlighter.

Hamburg Middle School, Room 115

Date: Wednesday, Nov. 6

Time: 6 - 9 pm

Cost: \$80

Registration deadline: Oct. 30



Hamburg High School, Room 121

Date: Tuesday, Oct. 15

Time: 6 - 8 pm

Cost: Free

Registration deadline: Oct. 8



COLLEGE 101: PLANNING & FINANCING (B7)

Paul Celuch - College Assistance Plus

In this educational presentation, parents will learn tips about the college search, merit scholarships, the college financial process and New York's Free Tuition Program for public and private colleges. Suggestions to help families avoid overwhelming college debt will be given. This presentation is ideal for parents of high school students.

Hamburg Middle School, Room 117

Date: Thursday, Oct. 17

Time: 6:30 - 7:30 pm

Cost: Free

Registration deadline: Oct. 10



SOCIAL SECURITY PLANNING 101 (B5)

Paul Hutchings

This class will cover what everyone needs to know about Social Security. Often, when one is planning to retire, he/she ponders: Will my Social Security be taxed? When should I take Social Security? Will my spouse receive benefits? Can I receive benefits from an ex-spouse? Will working affect my Social Security benefits? Get answers to these questions and more, to help make the best Social Security decision.

Hamburg Middle School, Room 117

Date: Wednesday, Oct. 9

Time: 6-7:30 pm

Cost: Free

Registration deadline: Oct. 2



Hamburg Middle School, Room 117

Date: Thursday, Oct. 17

Time: 6:30 - 7:30 pm

Cost: Free

Registration deadline: Oct. 10

COLLEGE 102: A FINANCIAL LOOK AT THE COLLEGE JOURNEY (B8)

Paul Celuch - College Assistance Plus

An educational presentation offering 10 strategies to help control the cost of college. Topics will include merit scholarships, student loans, selectivity, EFC, financial aid and more.

Hamburg Middle School, Room 117

Date: Thursday, Nov. 14

Time: 6:30 - 7:30 pm

Cost: Free

Registration deadline: Nov. 7

HOW TO PROTECT YOUR MONEY FROM MEDICAID AND A NURSING HOME (B6)

Les Robinson, CLTC

Nursing home and Medicaid issues are now the biggest threat to retirement money. Discussion will include: Reducing the emotional and financial issues of a Medicaid and nursing home event; keeping money from Medicaid; understanding and avoiding the Medicaid estate recovery policy and 5-year look back period. Learn about other long-term care options and maintaining Medicaid eligibility.

MUSIC

INTRODUCTION TO ACOUSTIC GUITAR, BANJO, MANDOLIN OR UKULELE (M1)

Peter Mirando

Have you always wanted to play the guitar or other stringed instruments? These classes are intended to provide individuals the opportunity to learn to play guitar, banjo, mandolin or ukulele. With regular attendance and practice, you

MUSIC (CONT.)

should soon be able to play many of the folk songs that are part of our musical heritage. Completing the 10-week course prepares you to participate in Acoustic Music Jam. If you wish, you may enroll in either or both music classes to either sing along or try your newly-learned skills. Students are expected to provide their own instruments. If you do not have an instrument, contact the instructor (549-0864) for assistance.

Hamburg High School, Room 166
Dates: Wednesdays, Oct. 2 - Dec. 11

NO CLASS NOV. 27

Time: 6:30 - 7:30 pm

Cost: \$50 Seniors: \$35

Registration deadline: Sept. 25



ACOUSTIC MUSIC JAM (M2)

Peter Miranda

Do you play acoustic guitar, banjo, mandolin or any other acoustic folk instrument? If you enjoy playing or singing folk music, you are invited to join us for an acoustic music jam. Music choices include traditional and modern folk, old-time country and bluegrass music. The music is paced so that beginners, as well as more experienced musicians, can participate. The atmosphere is informal, relaxed and great fun! If you can't play an instrument, come and sing. Students are expected to provide their own instruments. If you do not have your own instrument, contact the instructor (549-0864) for assistance. Play lists and music sheets will be provided via email, so please be clear when writing your email on your registration form. A limited number of song sheets will be available for those who do not have internet access.

Hamburg High School, Room 166
Dates: Wednesdays, Oct. 2 - Dec. 11

NO CLASS NOV. 27

Time: 7:30 - 9 pm

Cost: \$50 Seniors: \$35

Registration deadline: Sept. 25

SPECIAL INTEREST

CHAKRA AROMATHERAPY (SI1)

Pamela Toole, RN, BSN

In this class, participants will learn about the 7 Chakras and what each individual Chakra represents. We will review how to impact personal health through the Chakra system and what to do to keep them balanced and clear. Using aromatherapy is one way to assist in achieving balanced Chakras. The class will make essential oil salt inhalers for each chakra. Each person will leave with 7 Chakra essential oil salt inhalers and the knowledge of what you can do to assist in balancing and keeping one's own Chakras balanced. All supplies will be provided.



Hamburg Middle School, Room

Date: Monday, Oct. 21

Time: 6 - 8 pm

Cost: \$10

Lab Fee: \$15

Registration deadline: Oct. 14

SCUBA DIVING (SI2)

Dave Johns, Professional Scuba Inc. of Hamburg

Classes are taught by master instructors through PADI and lead to permanent certification accepted worldwide. Scuba equipment provided for class and pool. Students should supply mask, fins and snorkel by the third class. If needed, these items can be purchased through Professional Scuba. Participants must register through Hamburg Central Continuing Education. Questions? Call Professional Scuba at 648-3483.



Hamburg High School, pool

Dates: Mondays, Sept. 30 - Dec. 16

* Students attend 8 of the 10 scheduled sessions.

NO CLASS OCT. 14; NOV. 11

Time: 6 - 9 pm

Cost: \$50

Lab fee: \$175 payable to Professional Scuba

Registration deadline: Sept. 23

WELLNESS & FITNESS

YOGA: FOR MENTAL, PHYSICAL & EMOTIONAL WELLNESS (FN1)

Emily Hoffman

Find your peaceful side. Try yoga for mental and emotional well-being. Learn basic yoga techniques over this 7-week session. Beginners welcome. Bring a yoga mat and water bottle.

Hamburg Middle School, Room 116B

Time: 6:30 - 7:40 pm

Cost: \$70 Seniors: \$65

Dates: Wednesdays, Oct. 2 - Dec. 4

NO CLASS OCT. 23; NOV. 20 & 27

Registration deadline: Sept. 25



ZUMBA® (FN2)

Carol Clark

Looking for a fun workout class? Dance your way into fitness with Zumba®, a Latin inspired fitness class that combines high energy moves and easy to follow dance combinations. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone the body and maximize fat burning. You don't have to know how to dance to do Zumba®. Zumba® creates a party-like atmosphere. It's a one-of-a-kind combination of dance and exercise designed to put the fun back into fitness. All fitness levels are welcome. Come join the party!

Charlotte Avenue Gym

Dates: Mondays, Oct. 7 - Dec. 9

NO CLASS OCT. 14 & NOV. 11

Time: 6:30 - 7:30 pm

Cost: \$40

Registration deadline: Sept. 30



ZUMBA GOLD® (FN3)

Carol Clark

Zumba Gold® is the Zumba® fitness program that's everything a traditional Zumba® class is, but in this class we take it a little easier. The Zumba Gold® class introduces you to easy to follow Zumba® choreography that focuses on balance, range of motion and coordination. Zumba Gold® is great for active older adults, those returning to exercise, those who are just starting on their journey to a fit and healthy lifestyle, or someone who has an illness or injury and is medically cleared to exercise but needs a different pace.

Boston Valley School, gym

Dates: Tuesdays, Oct. 1 - Dec. 10

NO CLASS OCT. 15; DEC. 3

Time: 5:30 - 6:30 pm

Cost: \$45

Registration deadline: Sept. 24



SPORTS

MEN'S BASKETBALL SUNDAYS (SP1)

Tom Ryan

Basketball for exercise and recreation.

Hamburg High School, gym

Dates: Sundays, Oct. 20 - May 17

*** Please note: This is a full year class**

NO CLASS NOV. 10 ; DEC. 1 & 22 & 29; JAN. 19; FEB. 16 & 23; APRIL 12 & 19

Time: 9 - 11:30 am

Cost: \$45 Seniors: \$35

Registration deadline: Oct. 13

**Register
NOW**

CLASSES FILL UP FAST!

REGISTER ONLINE:

Go to hamburgschools.org -> Community -> Continuing Education. Click on the link to create an account to register online or use your existing account. You can use your credit card with online registration. Please note: If you register online, there is a processing fee. This fee is non-refundable, even if the class is cancelled or you withdraw.

SPORTS (CONT.)

MEN'S BASKETBALL THURSDAYS (SP2)

Tom Ryan

Basketball for exercise and recreation.

Union Pleasant School, Pleasant Ave. gym

Dates: Thursdays, Oct. 3 - May 21

*** Please note: This is a full year class**

**NO CLASS NOV. 28;
DEC. 12 & 26; FEB. 20;
APRIL 2 & 9 & 16**

Time: 6:30 - 8:30 pm

Cost: \$60 Seniors: \$50

Registration deadline: Sept. 26



CO-ED VOLLEYBALL (SP3)

Tom Lardo

Enjoy volleyball for fun and exercise. Some instruction will be given.

Hamburg Middle School, gym

Dates: Tuesdays, Nov. 12 - May 19

*** Please note: This is a full year class**

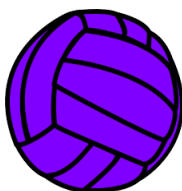
NO CLASS DEC. 17, 24 & 31; FEB. 18; APRIL 14

Time: 7:30 - 9:30 pm*

Cost: \$45 Seniors: \$25

Registration deadline: Oct. 29

** Volleyball times will be adjusted in the event of home sports games.*



MEN'S VOLLEYBALL (SP4)

Tom Lardo

Enjoy volleyball for fun and exercise. Some instruction will be given.

Hamburg Middle School, gym

Dates: Thursdays, Nov. 14 - May 7

*** Please note: This is a full year class**



**NO CLASS NOV. 21 & 28; DEC. 26; JAN. 30; FEB. 20;
APRIL 9 & 16**

Time: 7:30 - 9:30 pm*

Cost: \$40 Seniors: \$20

Registration deadline: Oct. 31

** Volleyball times will be adjusted in the event of home sports games.*

SWIMMING

SUNRISE SWIM (SW1)

No instructor

Take an early morning leisure swim. Registrants swim lengths of the pool at their own pace. For your safety, we adhere to a swimmer: lifeguard ratio. The registration fee includes both days. Class limit - 25.

Hamburg High School, pool

Dates: Tuesdays & Thursdays, Oct. 1 - Dec. 10

NO CLASS NOV. 28

Time: 6:15 - 7:15 am

Cost: \$30 Seniors: \$20

Registration deadline: Sept. 24

SWIM FOR HEALTH (SW2)

No instructor

This program of leisure swim is for adults who like to enjoy the recreational benefits of a pool. For your safety, we adhere to a swimmer: lifeguard ratio. The registration fee includes both days. Class limit - 25.

Hamburg Middle School, pool

Dates: Tuesdays & Thursdays, Oct. 1 - Dec. 12

NO CLASS NOV. 21 & 28;

Time: 5:30 - 6:30 pm

Costs: \$30 Seniors: \$20

Registration deadline: Sept. 24



SWIMMING (CONT.)



DEEP WATER WORKOUT (SW3)

Mary Jo Lardo

This fitness program provides a no-impact but challenging cardiovascular workout. The class will use flotation devices to assist in a total body workout. Kick, tread and scull your way to a fit body. You will find this class especially challenging to the abs and thighs. Participants must be comfortable in deep water with no support. Students should purchase an aquatic belt or styrofoam water weights.

Class Limit: 25. Hurry! This class usually fills up quickly.

Hamburg Middle School, pool

Dates: Mondays & Wednesdays, Oct. 2 - Dec. 11

NO CLASS OCT. 14; NOV. 11, 20 & 27

Time: 5 - 6 pm

Cost: \$50 Seniors: \$40

Registration deadline: Sept. 25

AQUA AEROBICS (SW4)

Stephanie Lardo

This is an easy-going, low-impact water aerobics class. It includes stretching, quick cardio and some light arm workouts. Participants should be comfortable in the water. Class limit: 25. Hurry!

This class usually fills up quickly.

Hamburg Middle School, pool

Dates: Mondays & Wednesdays, Oct. 2 - Dec. 11

NO CLASS OCT. 14; NOV. 11, 20 & 27

Time: 6 - 7 pm

Cost: \$50 Seniors: \$40

Registration deadline: Sept. 25



MASTER SWIMMING

Wendy Ryan

This class is for competitive swimmers - past, present & future - who would like to improve their efficiency and conditioning using the four basic competitive strokes. If you are unable to consistently swim break-free laps, this course is not for you.

SUNDAYS MASTER SWIM (SW5)

Hamburg High School, pool

Dates: Sundays, Oct. 20 - May 17

NO CLASS NOV. 10 ; DEC. 1, 22 & 29; JAN. 19; FEB. 16 & 23; APRIL 12 & 19

Time: 10:30 am - noon

Cost: \$80 Seniors: \$70

Registration deadline: Oct. 11

TUESDAYS MASTER SWIM (SW6)

Hamburg Middle School, pool

Dates: Tuesdays, Oct. 1 - May 12

NO CLASS DEC. 3, 17, 24 & 31; FEB. 18; APRIL 14

Times: 6:30 - 8 pm

Cost: \$90 Seniors: \$80

Registration deadline: Sept. 24

THURSDAYS MASTER SWIM (SW7)

Hamburg Middle School, pool

Dates: Thursdays, Oct. 3 - May 7

NO CLASS NOV. 21 & 28; DEC. 26; JAN. 30; FEB. 20; APRIL 9 & 16; MAY 14

Time: 6:30 - 8 pm

Cost: \$85 Seniors: \$75

Registration deadline: Sept. 26



Please complete a **SEPARATE** registration form and payment for each person and each class. Copies or 3x5 cards are acceptable. Be sure to include the correct course number.

Checks or cash are accepted in-person. Checks can also be mailed to the below address. Credit cards can be accepted through our online registration system.

REGISTER BY MAIL:

Hamburg Central Schools
Continuing Ed. Office
5305 Abbott Rd.
Hamburg, NY 14075

CHECKS PAYABLE TO:

Hamburg Central Cont. Ed.

REGISTER ONLINE:

hamburgschools.org > Community > Continuing Education. Create an account and pay, click the registration link.

CONTACT US:

Reach us by email at: conted@hcsdk12.org or call 646-3200, ext. 7212, from 8 a.m.-12:30 p.m., Mon.-Fri.

NO CLASSES

WHEN SCHOOL IS CLOSED:

**Oct. 14; Nov. 11 & 27 - 29
Dec. 23 - Jan. 1**

WEATHER CLOSINGS:

When school is closed due to inclement weather, all night classes are cancelled as well. Monitor local TV stations throughout the day for closing information or visit the school district website at:

hamburgschools.org

Hamburg Continuing Education - FALL 2019

Please fill out completely and print legibly.

Name _____

Street _____

Town/Zip _____

Phone number(s) _____

Email for notification - PLEASE PRINT CLEARLY _____

Course # _____ Course name _____

I am 21 years of age or older Yes

Senior citizen discount? Yes No

FOR OFFICE USE:

Date rcvd. _____

Check # _____

Class fee _____

Sr. discount Y N

Hamburg Continuing Education - FALL 2019

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Name _____

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Hamburg Continuing Education - FALL 2019

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